

# INDIVIDUALIZING AND OPTIMIZING EARLY INTERVENTIONS FOR YOUNG CHILDREN ON THE AUTISM SPECTRUM

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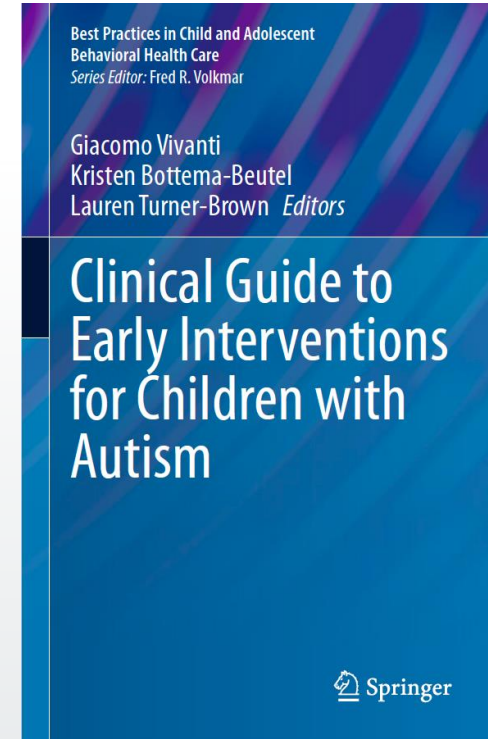
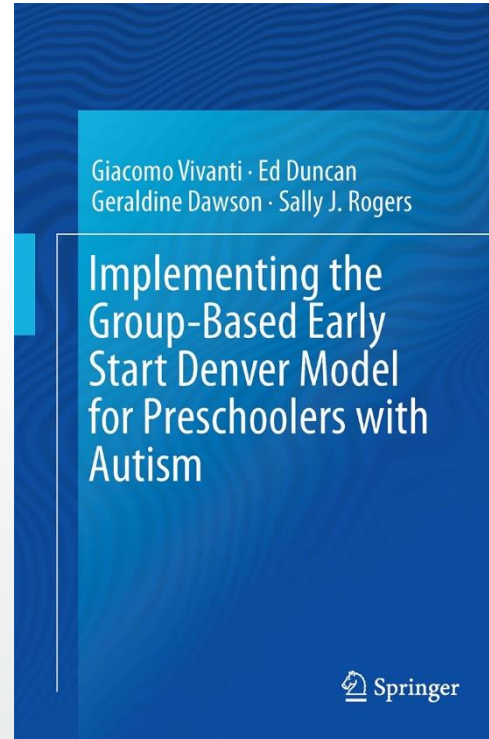
Associate Editor,

*Journal of Autism and Developmental Disorders*

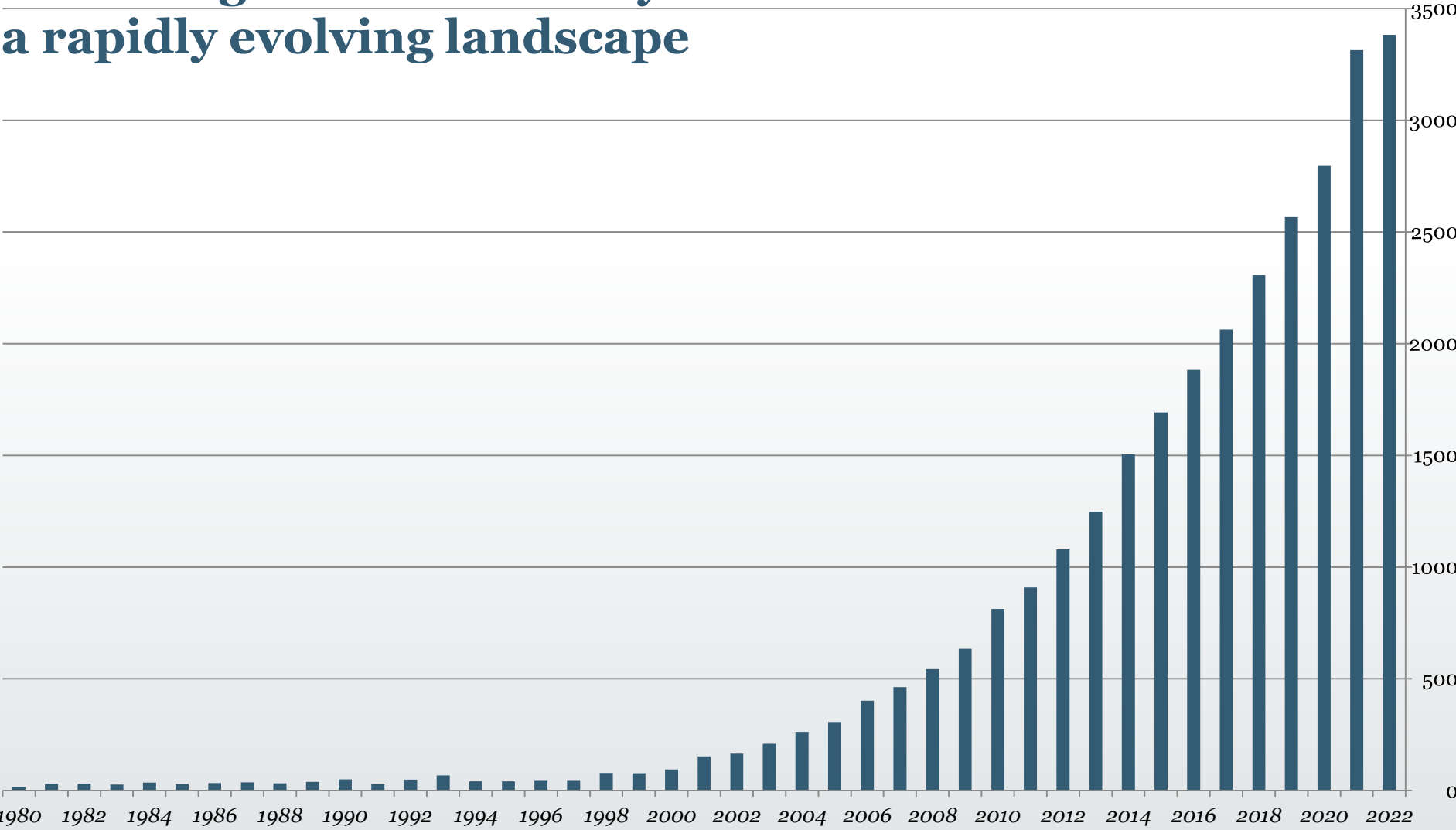
Certified Trainer, *Early Start Denver Model*

# Disclosure of commercial interests

Giacomo Vivanti receives royalties from the books “Implementing the Group-based Early Start Denver Model for Young Children with Autism” and “Clinical Guide to Early Interventions for Children with Autism”

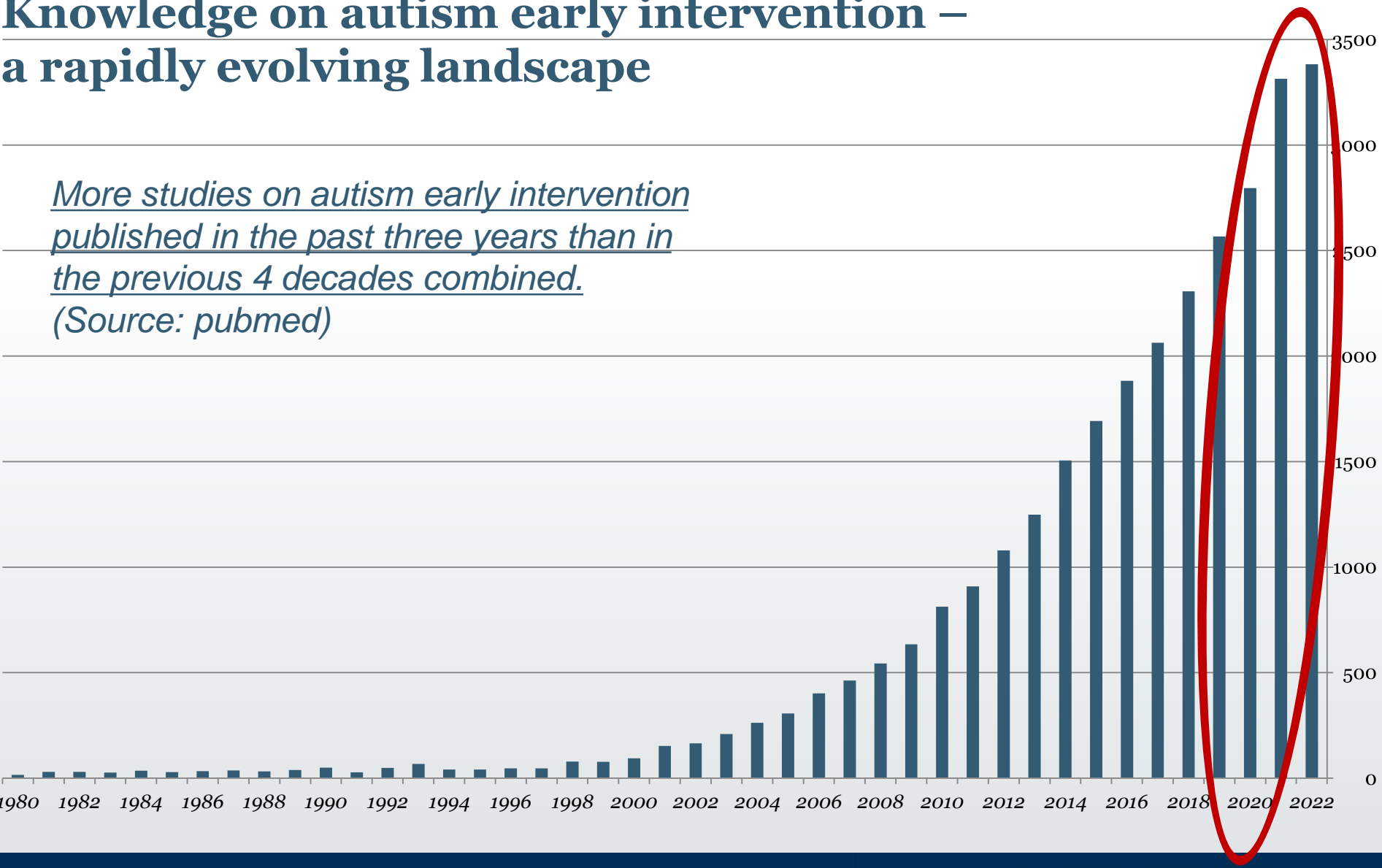


# Knowledge on autism early intervention – a rapidly evolving landscape



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More studies on autism early intervention published in the past three years than in the previous 4 decades combined.  
(Source: pubmed)



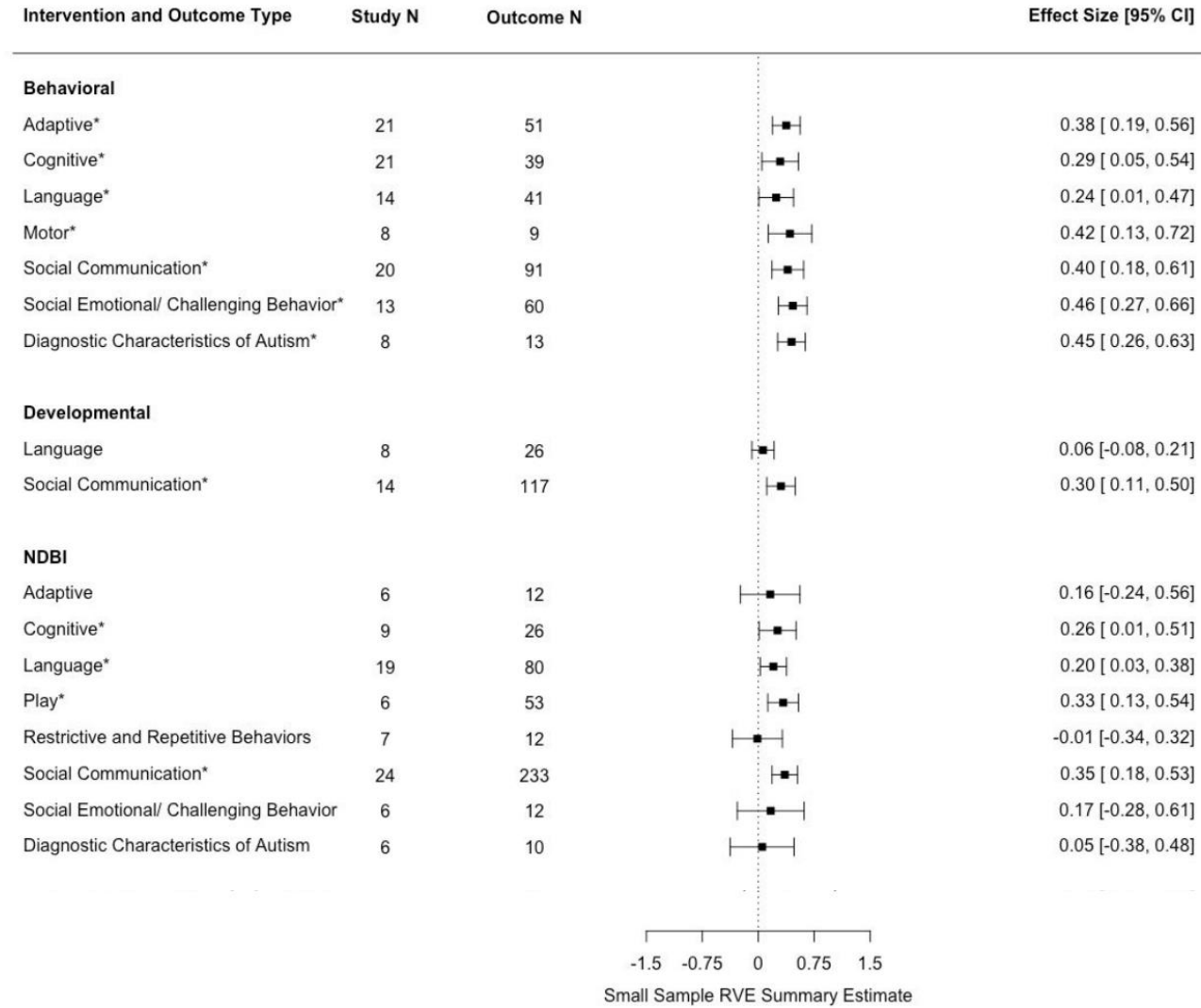
Individuals on the autism spectrum continue to experience barriers to effective service provision (health inequities) leading to preventable adverse outcomes



- Physical health
- Mental health
- Community participation
- Well-being
- Quality of life
- Self-reliance/ self-determination
- Educational opportunities
- Social opportunities
- Employment
- Self-realization

**WHY? And what do we need to learn to change that?**

# Outcomes – no evidence of superiority for specific approaches or categories at the group level



# But variability in intervention response is dramatic

Variability in intervention response – long history, but little research

- ❖ Lovaas (1973) *“children responded in vastly different ways to the treatment”*
- ❖ Schopler (1971) *“The most striking finding in this study is the difference in the individual children's [treatment response]”*
- ❖ Rutter (1985) *“huge individual differences in outcome and in response to language training”*

However little research on “non-response” to intervention. Issues

- Measurement/operationalization
- Dogma
- Ethical issues

Goals of examining suboptimal response to early intervention - improving child-treatment fit and context-treatment fit



# Setting a research agenda on individual differences



- Even the most “evidence-based” interventions produce different levels of success across individuals and contexts (e.g. Smith et al., 2015).
- The Early Start Denver Model (ESDM; Rogers & Dawson, 2010), a Naturalistic Developmental Behavioral Intervention with a growing evidence base, is no exception
- Individual differences in intervention response are not merely ‘noise’ inherent in the evaluation of an intervention, but rather are a critical factor of interest that deserves evaluation in their own right
- Understanding for whom ESDM (and other interventions) is most beneficial and in what context is critical to proactively assign children to treatments based on child-intervention-context fit

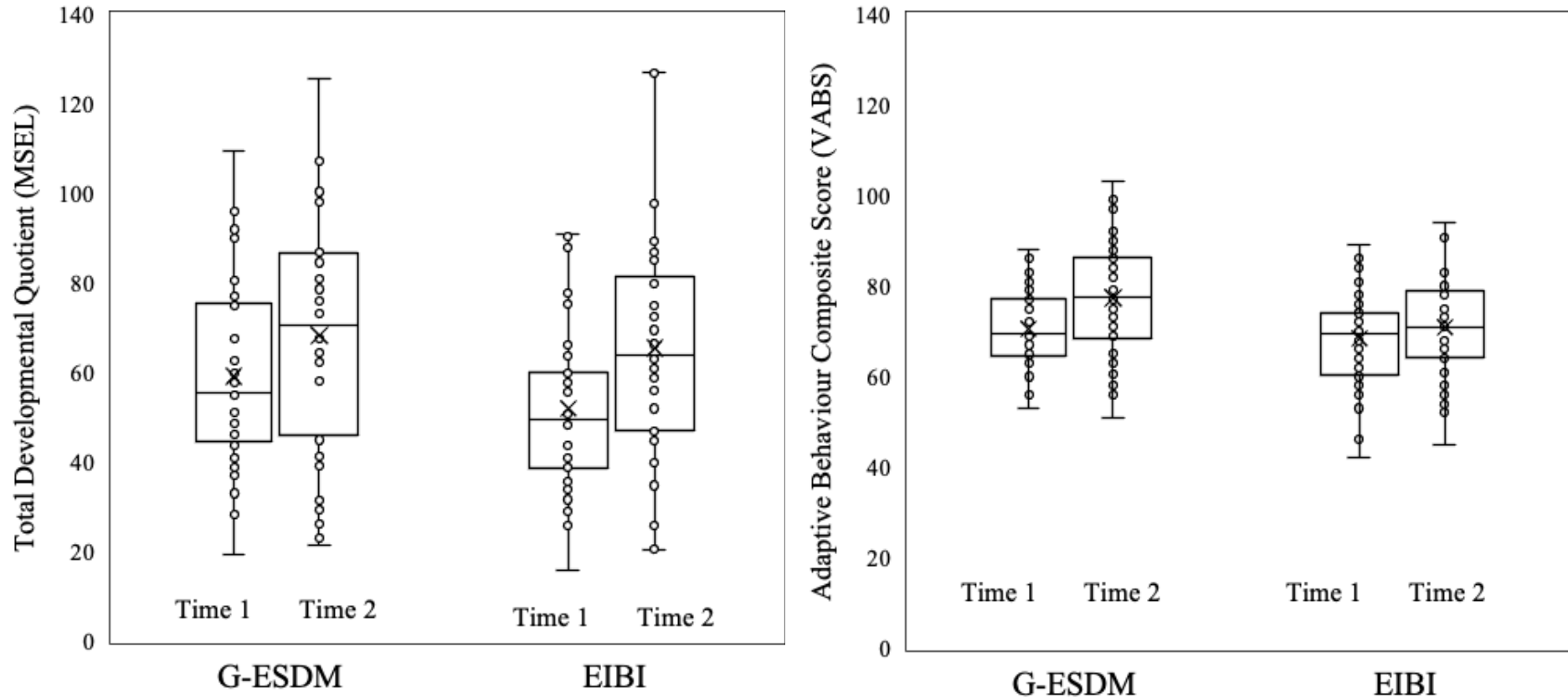










# Predictors of Developmental and Adaptive Behaviour Outcomes in Response to Early Intensive Behavioural Intervention and the Early Start Denver Model

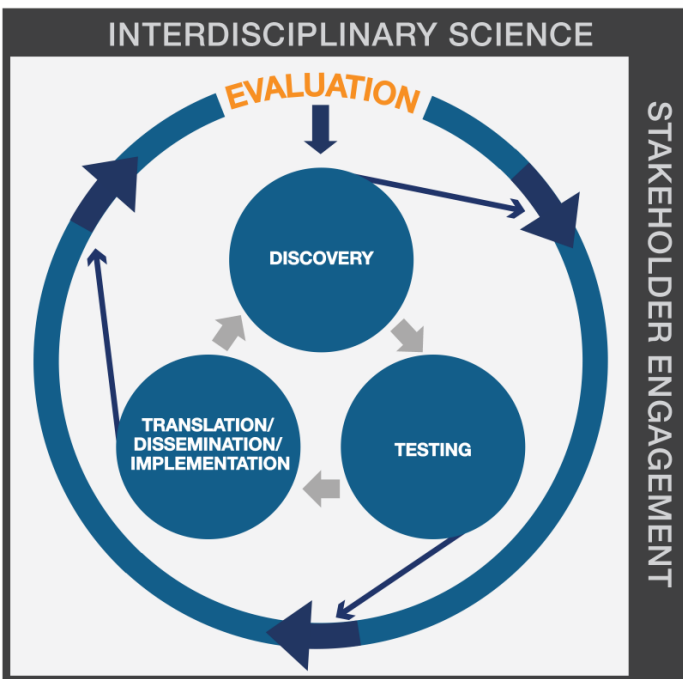
Catherine Bent<sup>1</sup> · Susan Glencross<sup>2</sup> · Karen McKinnon<sup>2</sup> · Kristelle Hudry<sup>1</sup> · Cheryl Dissanayake<sup>3</sup> · The Victorian ASELCC Team · Giacomo Vivanti<sup>3,4</sup>

## Outcomes for toddlers receiving 12 months of G-ESDM (n= 46) versus Early Intensive Behavioural Intervention (EIBI) based on a standard ABA 1:1 format (n= 43)



# Applying a public health approach to autism research: A framework for action

Diana Schendel<sup>1</sup>  | Anne M. Roux<sup>1</sup>  | Elizabeth McGhee Hassrick<sup>1</sup> | Kristen Lyall<sup>1</sup>  |  
Lindsay Shea<sup>1</sup>  | Giacomo Vivanti<sup>1</sup> | Andrea Trubanova Wieckowski<sup>1</sup>  |  
Craig Newschaffer<sup>2</sup> | Diana L. Robins<sup>1</sup> 

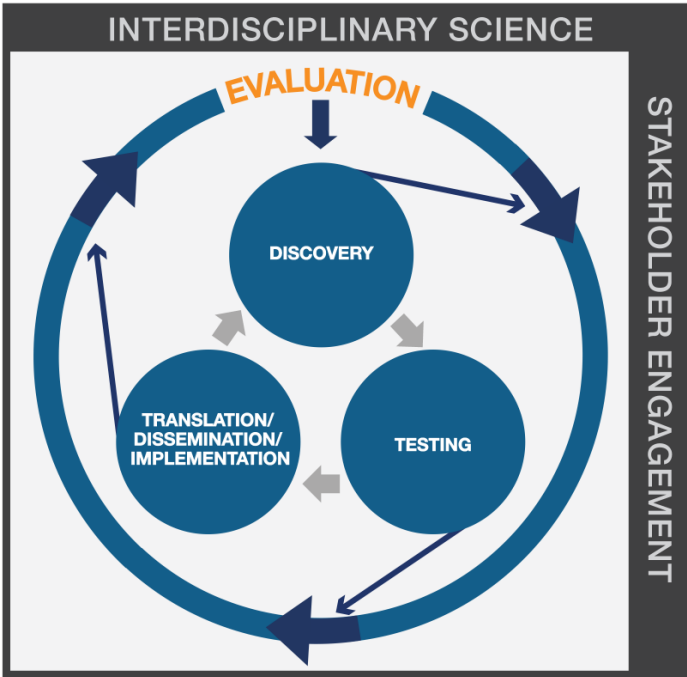
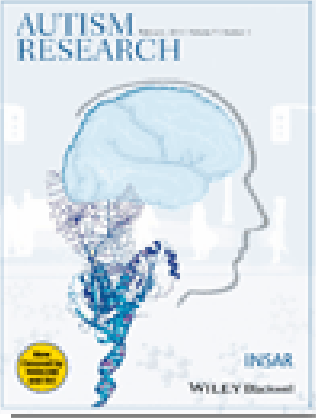


- **Discovery - Gaps in knowledge**  
Gaps in knowledge – documenting phenomena, generating testable hypotheses
- **Testing -**  
Testing hypotheses/predictions, evaluating frameworks
- **Translation/Dissemination/Implementation**  
Community/services/policy

## Cyclical vs Linear Process

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Cyclical vs Linear Process

# NIDCD Ro1DCo17181 - Prevalence and Profile of Treatment Non-Responders\* In Autism Early Intervention (PI: Vivanti)

## The MIRA (Minimal Intervention Responders in Autism) Consortium



Giacomo Vivanti



Isabel Smith



Helen Flanagan



Tristram Smith



Lynne Levato



Suzannah Iadarola



Sally Rogers



Aubyn Stahmer



Sarah Dufek



Linda Watson



Brian Boyd



Joshua Plavnick



Cheryl Dissanayake



Sophy Kim



Cathy Lord



Diana Robins



Ann Kaiser



Mike Lombardo



DREXEL UNIVERSITY

A.J. Drexel

Autism Institute

# Goals of MIRA consortium study

- ❖ Examining **the prevalence of preverbal or minimally verbal children who do not become verbal** despite receiving evidence-supported early intervention targeting language in an aggregate dataset of 1133 children who had received early intervention from a University-affiliated site. EIBI n=264, ESDM n=333, Other NDBI n= 218, OTHER =233
- ❖ Examining **factors that predict change in verbal status** for children receiving evidence-supported interventions.

	Mean (SD)	Range
<b>Chronological Age (months)</b>	37.04 (12.91)	13 - 72
<b>Intervention Duration (months)</b>	10.73 (2.99)	6 - 24
<b>Intervention Intensity (weekly hours)</b>	16.85 (8.65)	4 - 35
<b>Verbal DQ</b>	52.64 (27.71)	5 - 187
<b>Non-Verbal DQ</b>	69.75 (23.42)	9 - 171
<b>VABS ABC</b>	72.45 (13.83)	20 - 116
<b>Gender</b>	82% male	

# Sample Characterization – Verbal Status

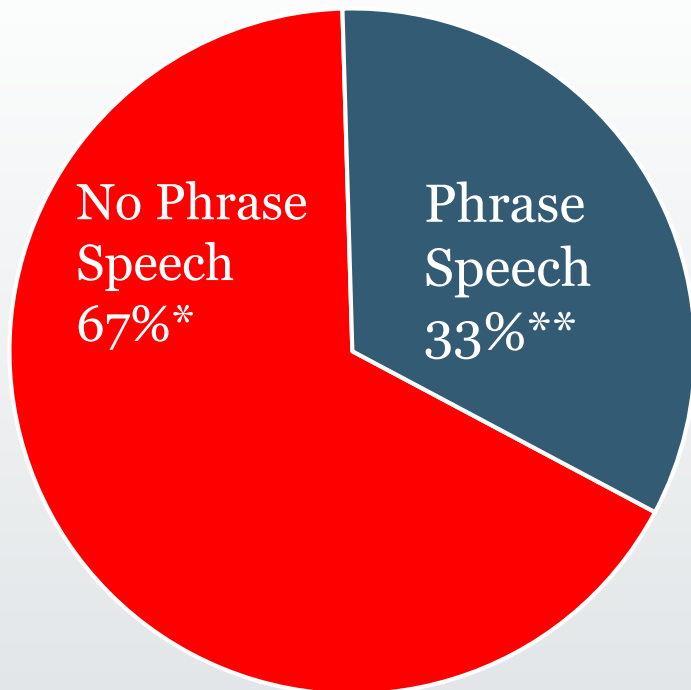
Participants' verbal status at baseline and post-treatment was characterized using the Assessment of Phase of Preschool Language (APPL; Flanagan et al. 2019). The APPL operationalizes verbal status according to the language development stages outlined by Tager-Flusberg et al. (2009)

<b>Stage</b>	<b>Expressive Lang. Age Equivalent</b>	<b>Vocabulary</b>	<b>Number of participants in the MIRA sample for each stage (baseline)*</b>
<b>Preverbal (Stage 1)</b>	0-14 months	<5 different words or <20 words used in 20 m	369
<b>First Words (Stage 2)</b>	15-23 months	5+ different words and 20+ words used in 20 m	232
<b>Word Combination (Stage 3)</b>	24-35 months	30+ different words in 20 m	216
<b>Sentences (Stage 4)</b>	36-47 months	70+ word roots in 50 utter.	64
<b>Complex language (Stage 5)</b>	48+ months	105+ word roots in 50 utter.	92

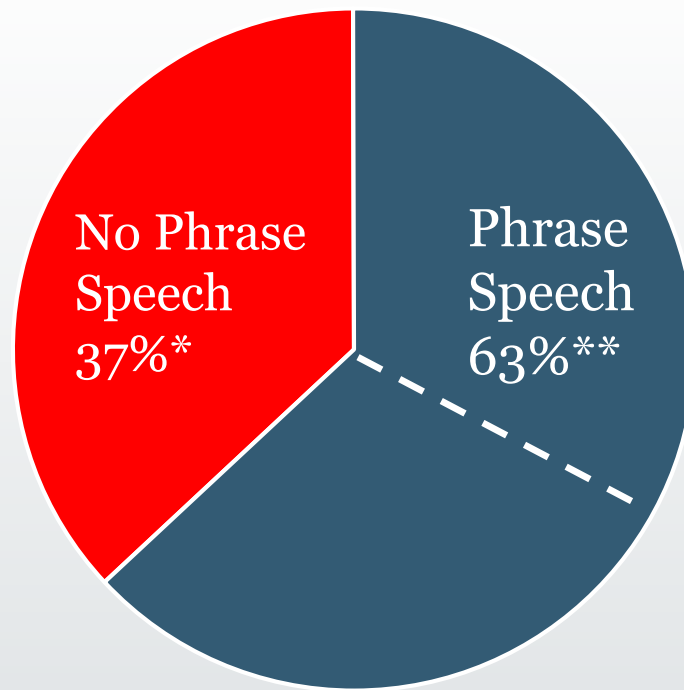
# Who are the children who do not acquire phrase speech?

- ❖ Research question – Prevalence and predictors of ‘minimal response’, as defined as failing to acquire phrase speech – i.e., advancing from single words or no words (expr. lang. age equivalent <24 m) to ‘word combination’ or more advanced stage.

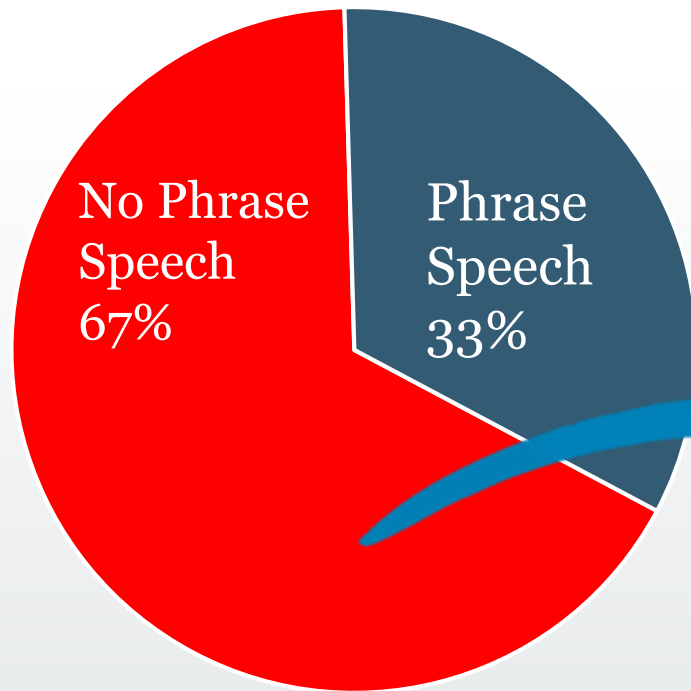
PRE-INTERVENTION



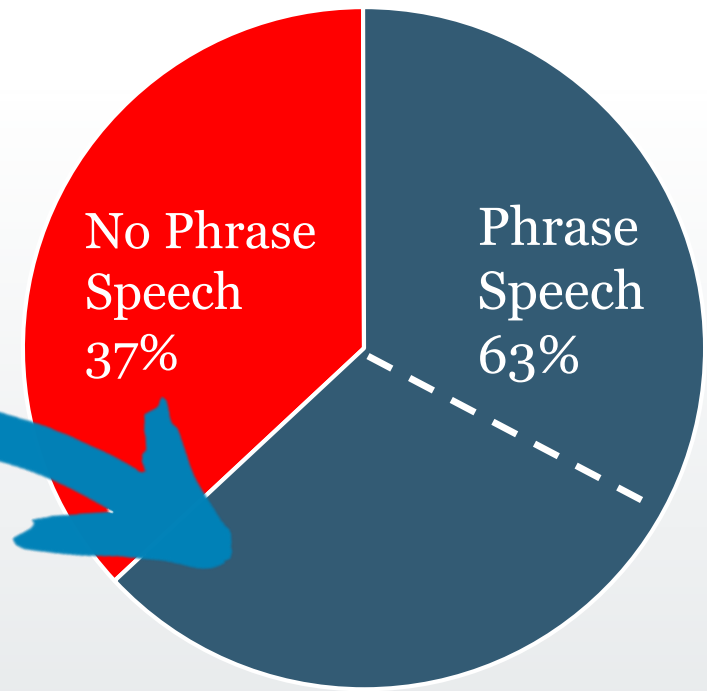
POST-INTERVENTION



PRE-INTERVENTION



POST-INTERVENTION



❖ Of those who have no phrase speech e at pre-intervention, approximately half advance to phrase speech after receiving intervention.

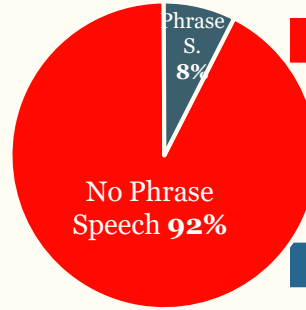


# Children who do not acquire phrase speech – broken down by age group

PRE-INTERVENTION

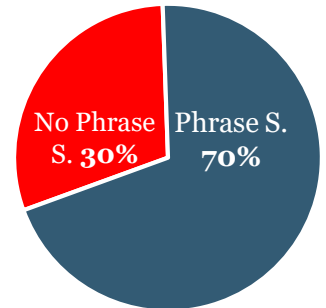
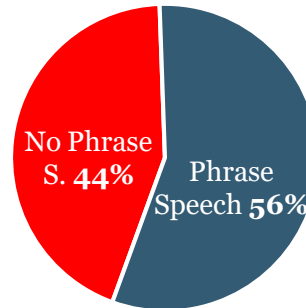
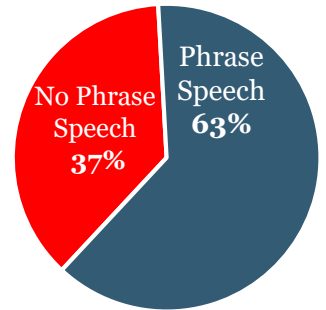
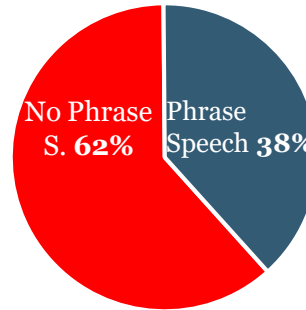
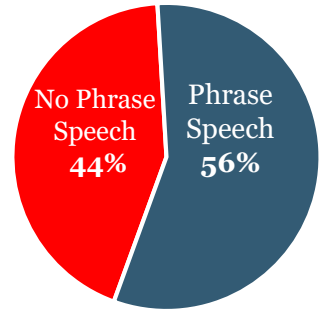
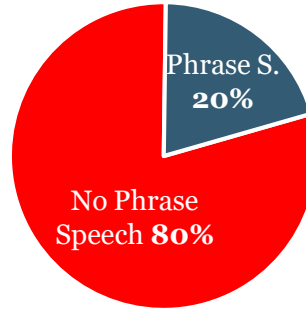
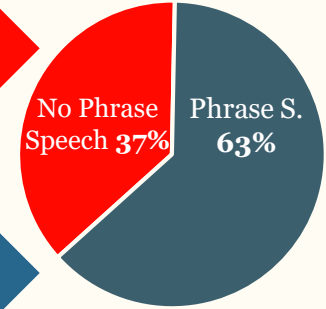
POST-INTERVENTION

< 24 months at baseline (n=119)



36% remain no phrase speech\*

64% acquires phrase speech

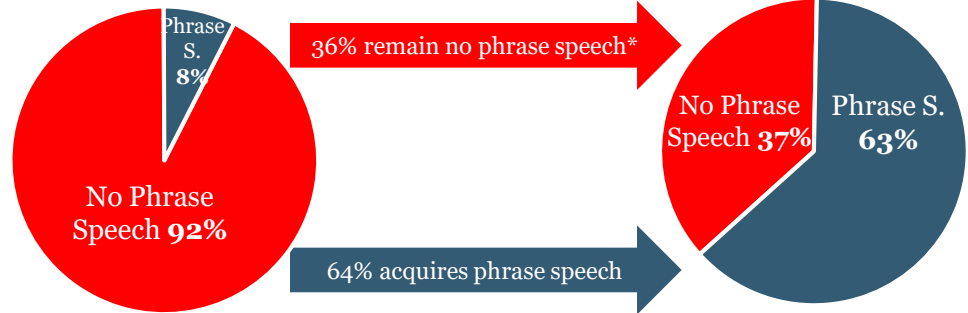


# Children who do not acquire phrase speech – broken down by age group

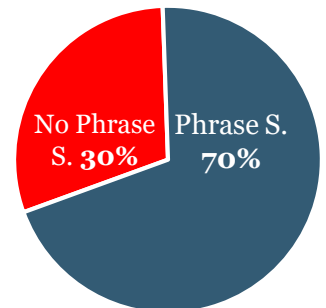
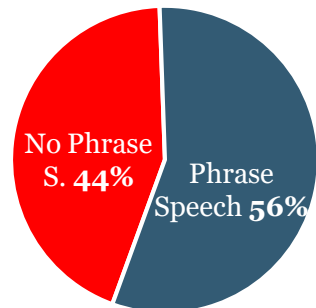
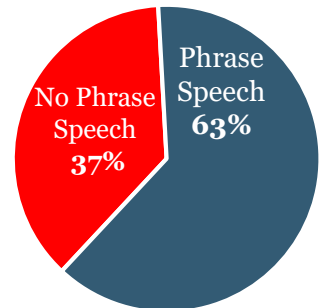
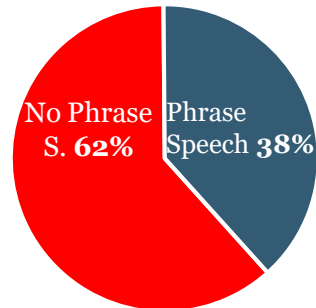
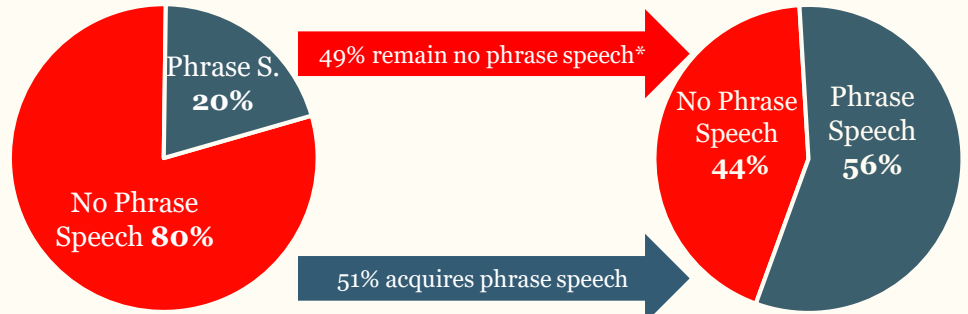
PRE-INTERVENTION

POST-INTERVENTION

< 24 months at baseline (n=119)



24-35 months at baseline (n=177)

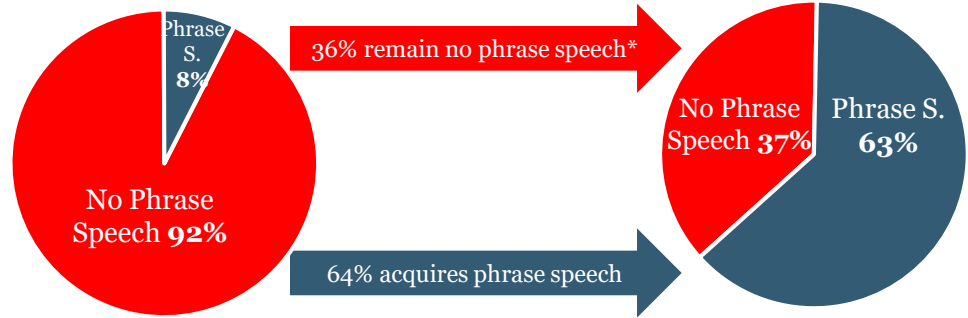


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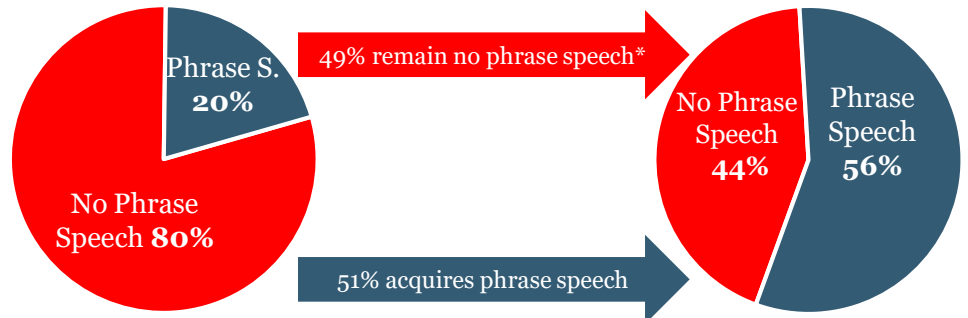
PRE-INTERVENTION

POST-INTERVENTION

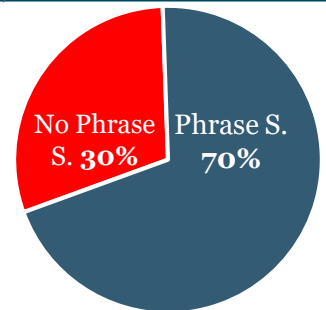
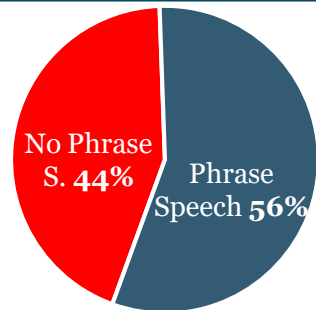
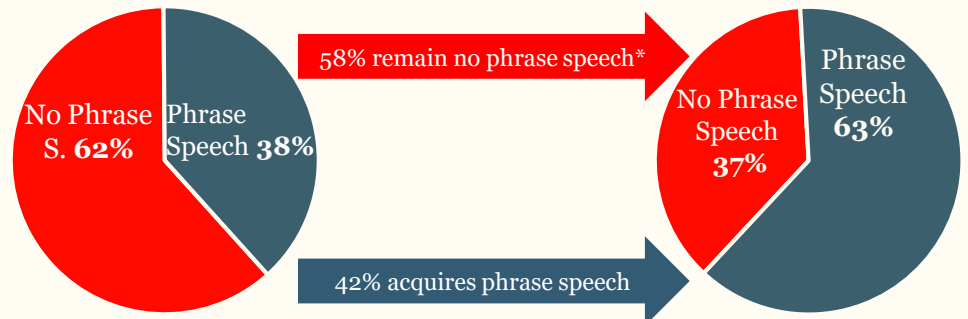
*< 24 months at baseline (n=119)*



*24-35 months at baseline (n=177)*



*36-47 months at baseline (n=234)*

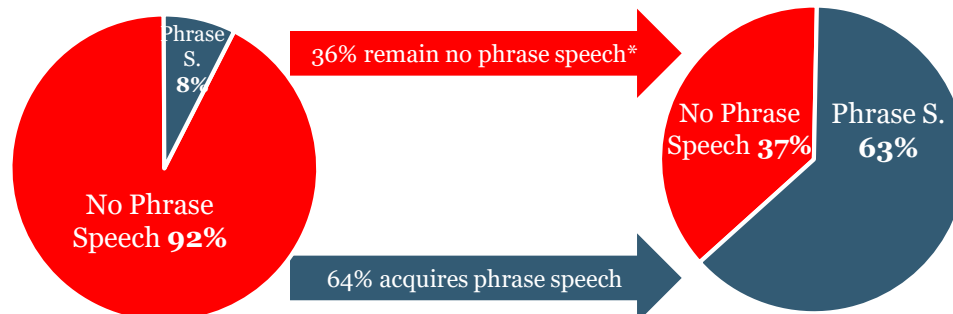


# Children who do not acquire phrase speech – broken down by age group

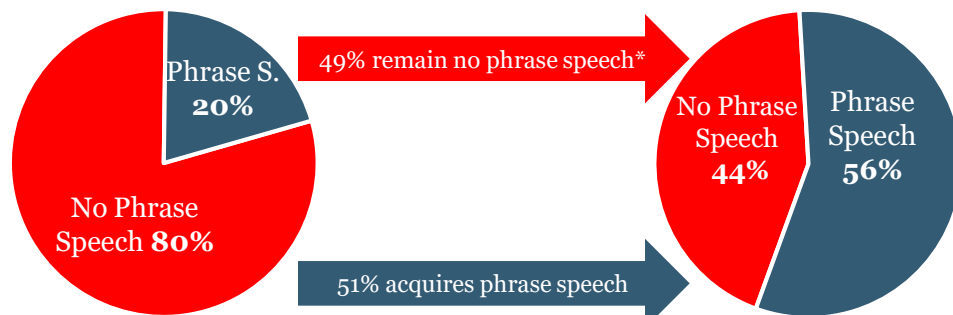
PRE-INTERVENTION

POST-INTERVENTION

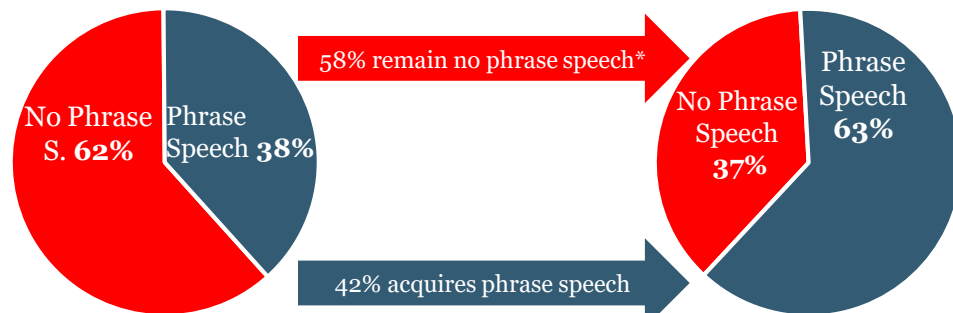
*< 24 months at baseline (n=119)*



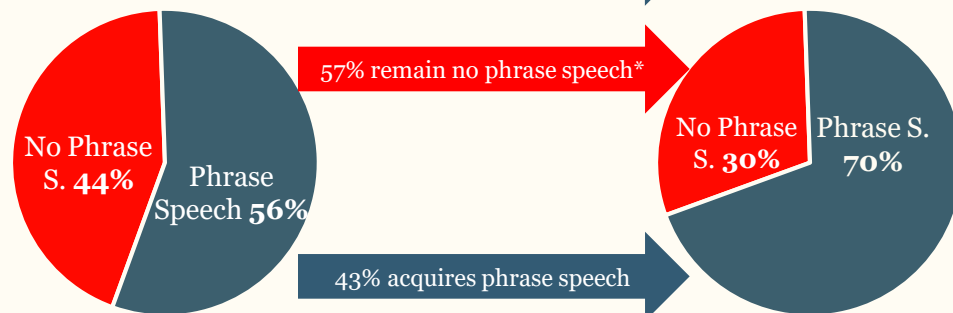
*24-35 months at baseline (n=177)*



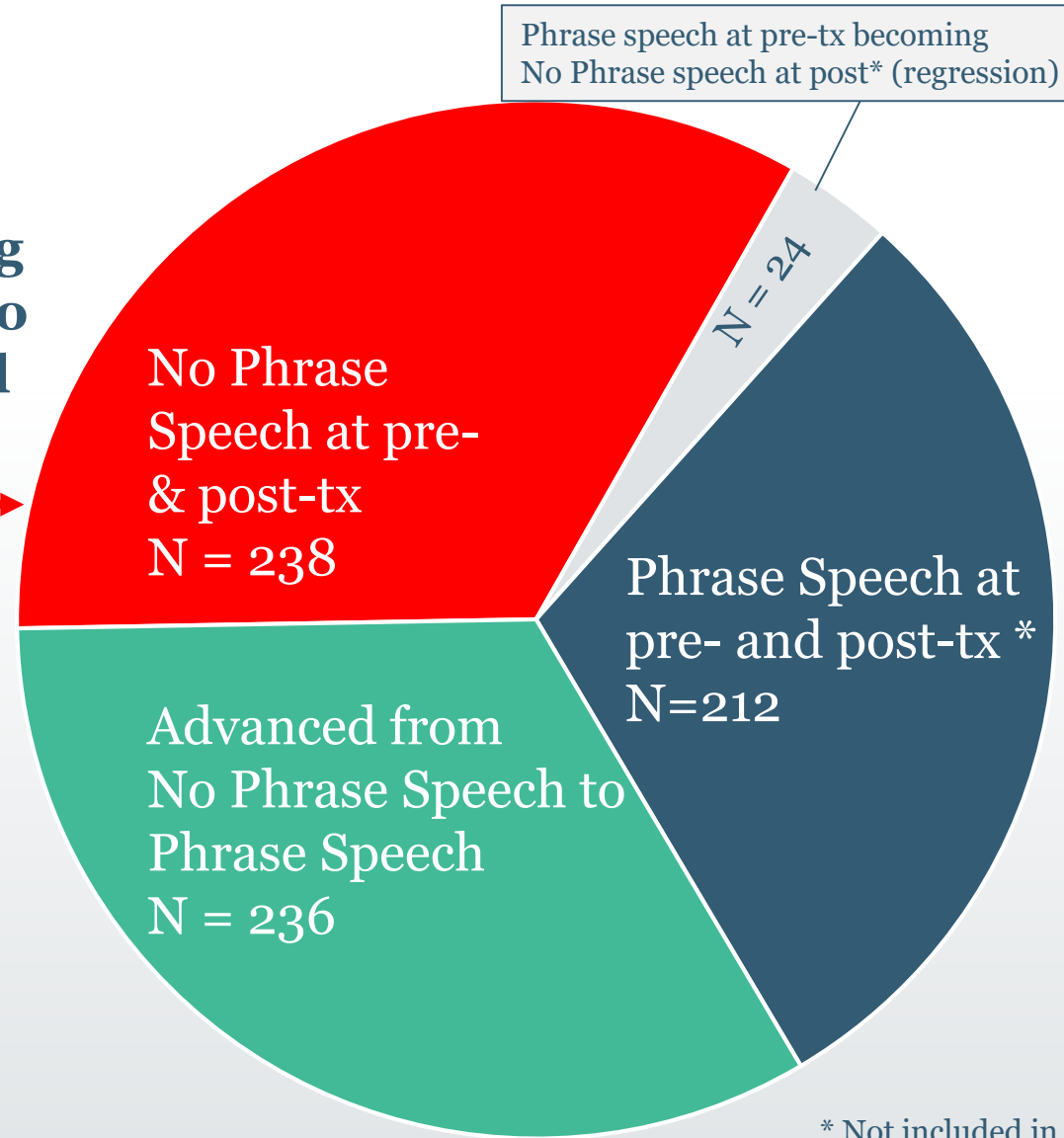
*36-47 months at baseline (n=234)*



*≥ 48 months at baseline (n=180)*



**Research question- predicting whether children who have no phrase speech at baseline will remain in the same stage (no phrase speech) or will advance to phrase speech use during the tx period**



\* Not included in prediction model

# mixed model predicting responder status

(single or no words to phrase speech stage)

	beta	ci.low95	ci.high85	OR	ci.OR.low95
(Intercept)	-0.48191892	-1.9385533	0.9747155	0.6175971	0.14391200
sexMale	0.44672117	-0.4826231	1.3760654	1.5631784	0.61716240
tx_broadEIBI	0.63065316	-2.3939624	3.6552687	1.8788374	0.09126733
tx_broadNDBI	-0.86940788	-2.8842817	1.1454659	0.4191997	0.05589493
tx_broadESDM	0.69719551	-0.9272496	2.3216406	2.0081131	0.39564039
PC1	-0.88842397	-1.3130657	-0.4637822	0.4113035	0.26899414
PC2	-0.82000104	-1.3016106	-0.3383915	0.4404312	0.27209322
PC3	-0.20766558	-0.7157257	0.3003946	0.8124787	0.48883721
PC4	0.05981975	-0.3747796	0.4944191	1.0616452	0.68744076
PC5	-0.31363182	-0.9486840	0.3214204	0.7307880	0.38725030
	ci.OR.high95	pval	fdr		
(Intercept)	2.6504129	5.166910e-01	0.6458638029		
sexMale	3.9592928	3.461204e-01	0.6043625493		
tx_broadEIBI	38.6779129	6.827793e-01	0.7586436553		
tx_broadNDBI	3.1439058	3.977033e-01	0.6043625493		
tx_broadESDM	10.1923823	4.002290e-01	0.6043625493		
PC1	0.6289005	4.119749e-05	0.0004119749		
PC2	0.7129161	8.464298e-04	0.0042321489		
PC3	1.3503916	4.230538e-01	0.6043625493		
PC4	1.6395456	7.873286e-01	0.7873286436		
PC5	1.3790852	3.330540e-01	0.6043625493		

Note – fdr is the corrected p-value using false discovery rate

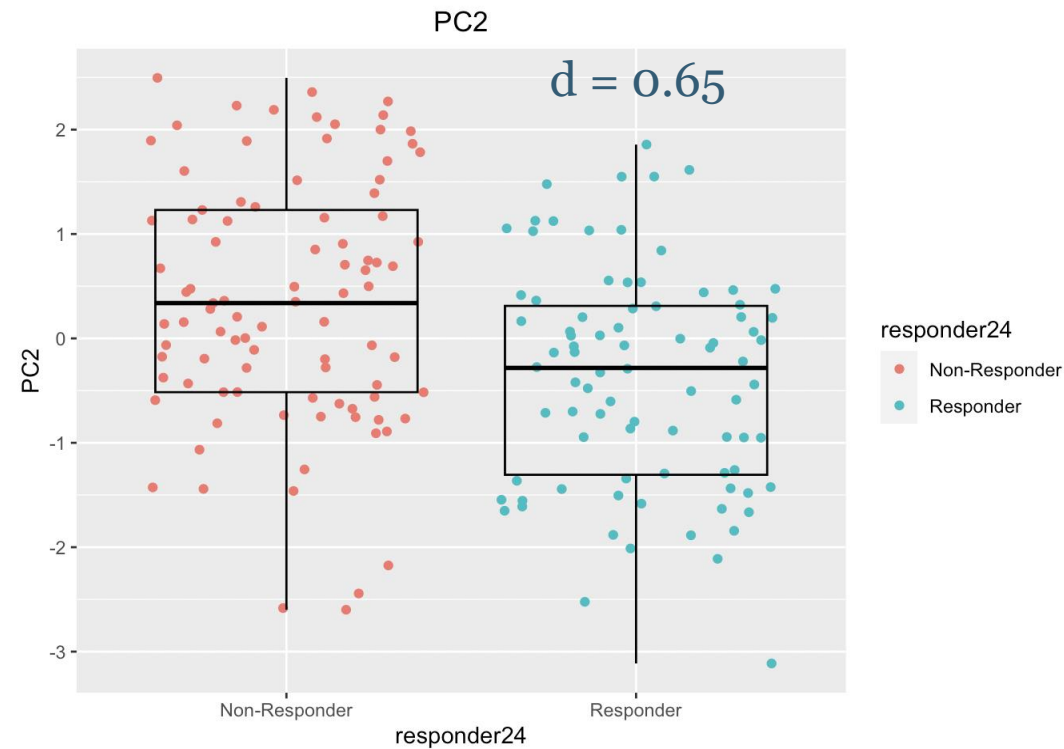
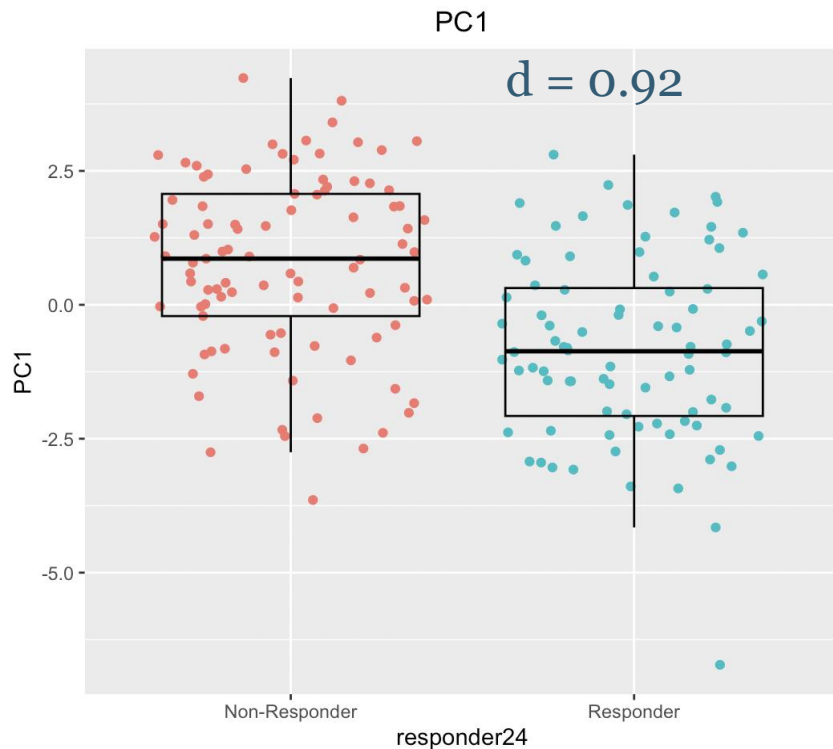
- Two latent factors ('principal components') are the main predictors of responder status.
- The first is composed of the correlated intervention age at start /ADOS/ VABS/ DQ/duration/ intensity/
- The second is composed of variance attributable to pre-treatment imitation and ADOS

# mixed model predicting responder status

(single or no words to phrase speech stage)

First Factor (Principal Component 1) accounts for 44.89%, large effect size

Second Factors (Principal Component 2) accounts for 17.54%, medium effect size



# Impact of intervention on response status (advancing from no-phrase speech to phrase speech)

\$emmeans

tx_broad	emmean	SE	df	asympt.LCL	asympt.UCL
Other	-0.176	0.661	Inf	-1.471	1.1197
EIBI	0.455	1.442	Inf	-2.372	3.2816
NDBI	-1.045	0.519	Inf	-2.062	-0.0285
ESDM	0.521	0.459	Inf	-0.377	1.4204

\$contrasts

contrast	estimate	SE	df	z.ratio	p.value
Other - EIBI	-0.6307	1.543	Inf	-0.409	0.9770
Other - NDBI	0.8694	1.028	Inf	0.846	0.8326
Other - ESDM	-0.6972	0.829	Inf	-0.841	0.8348
EIBI - NDBI	1.5001	1.555	Inf	0.965	0.7695
EIBI - ESDM	-0.0665	1.497	Inf	-0.044	1.0000
NDBI - ESDM	-1.5666	0.676	Inf	-2.317	0.0942

Results are averaged over the levels of: sex

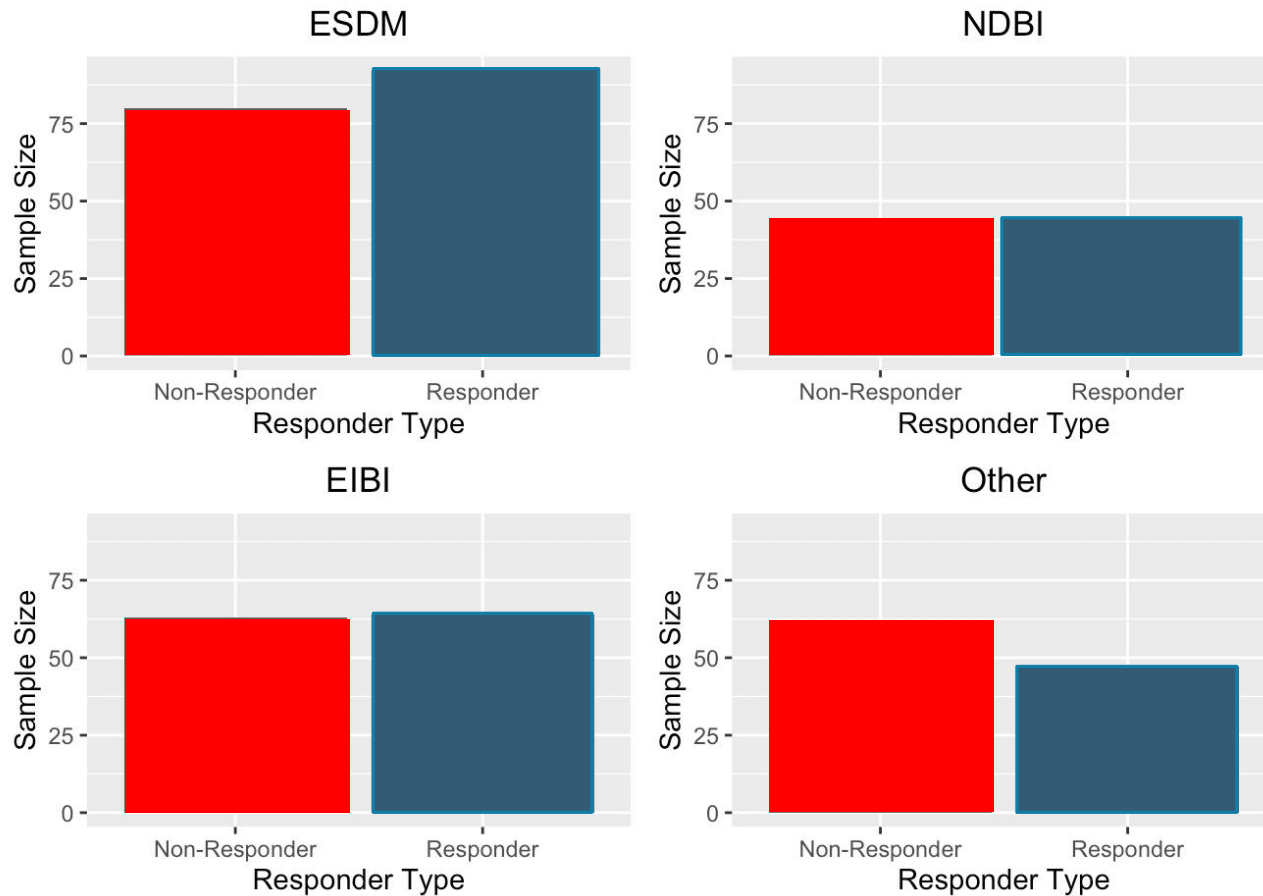
Results are given on the log odds ratio (not the response) scale.

P value adjustment: tukey method for comparing a family of 4 estimates

- ❖ Pairwise comparisons between different treatment types, correcting for multiple tests, indicate that the type of intervention received does not predict responder status (i.e., does not predict who is going to acquire phrase speech)

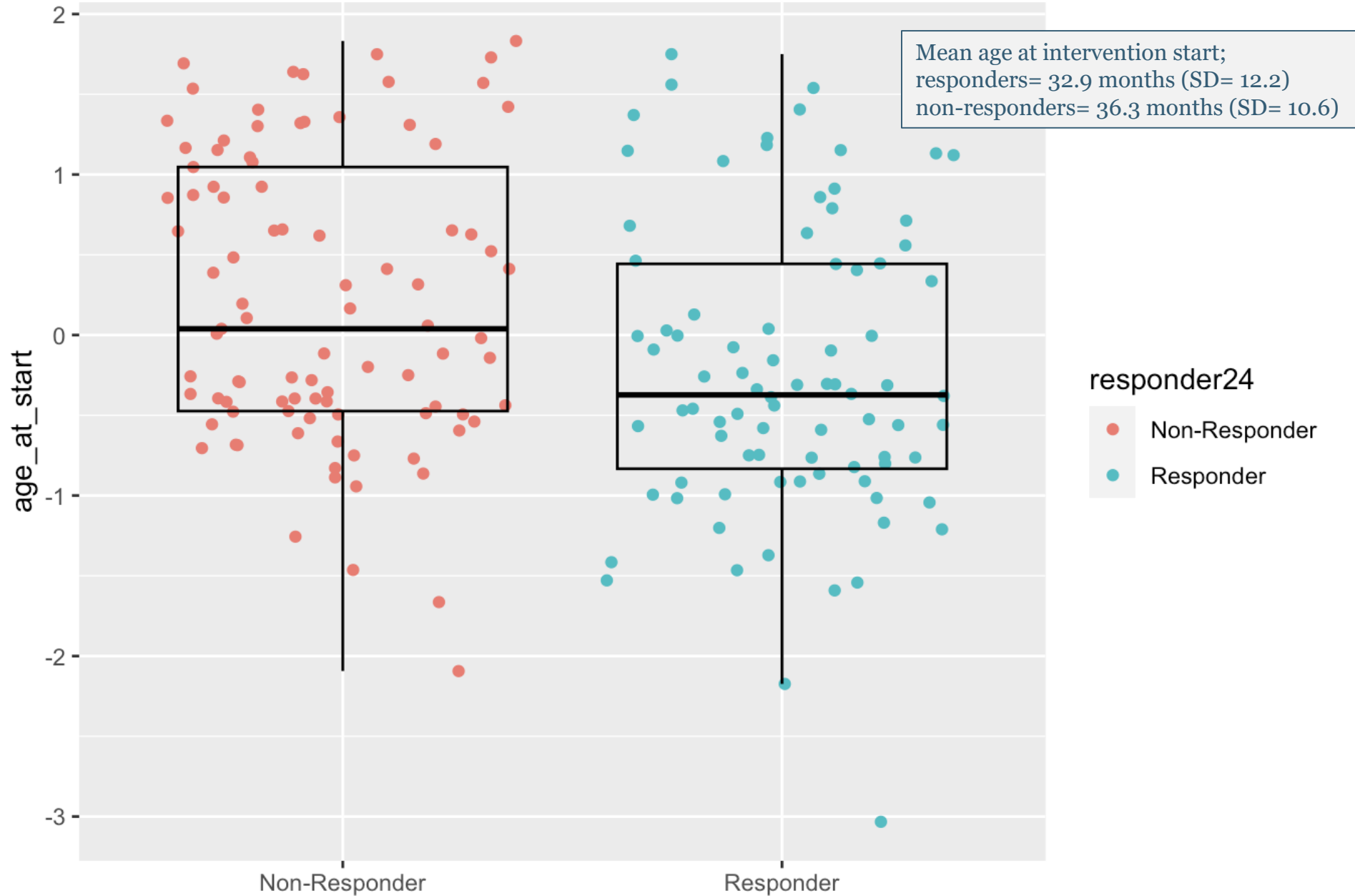


# Impact of intervention on advancing from preverbal to verbal stage

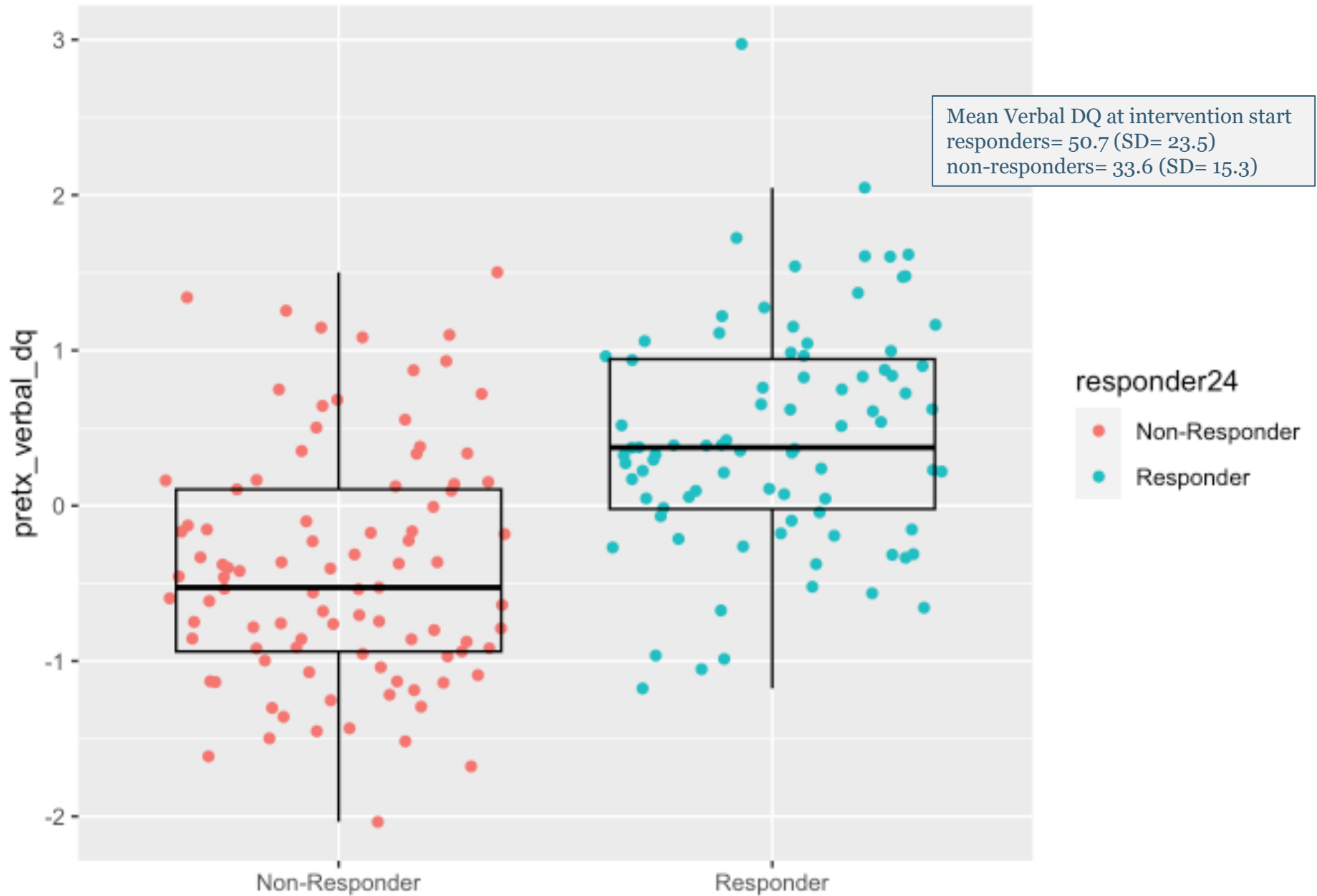


No differences in the proportion of responders/non-responders\*  
generated by the different interventions

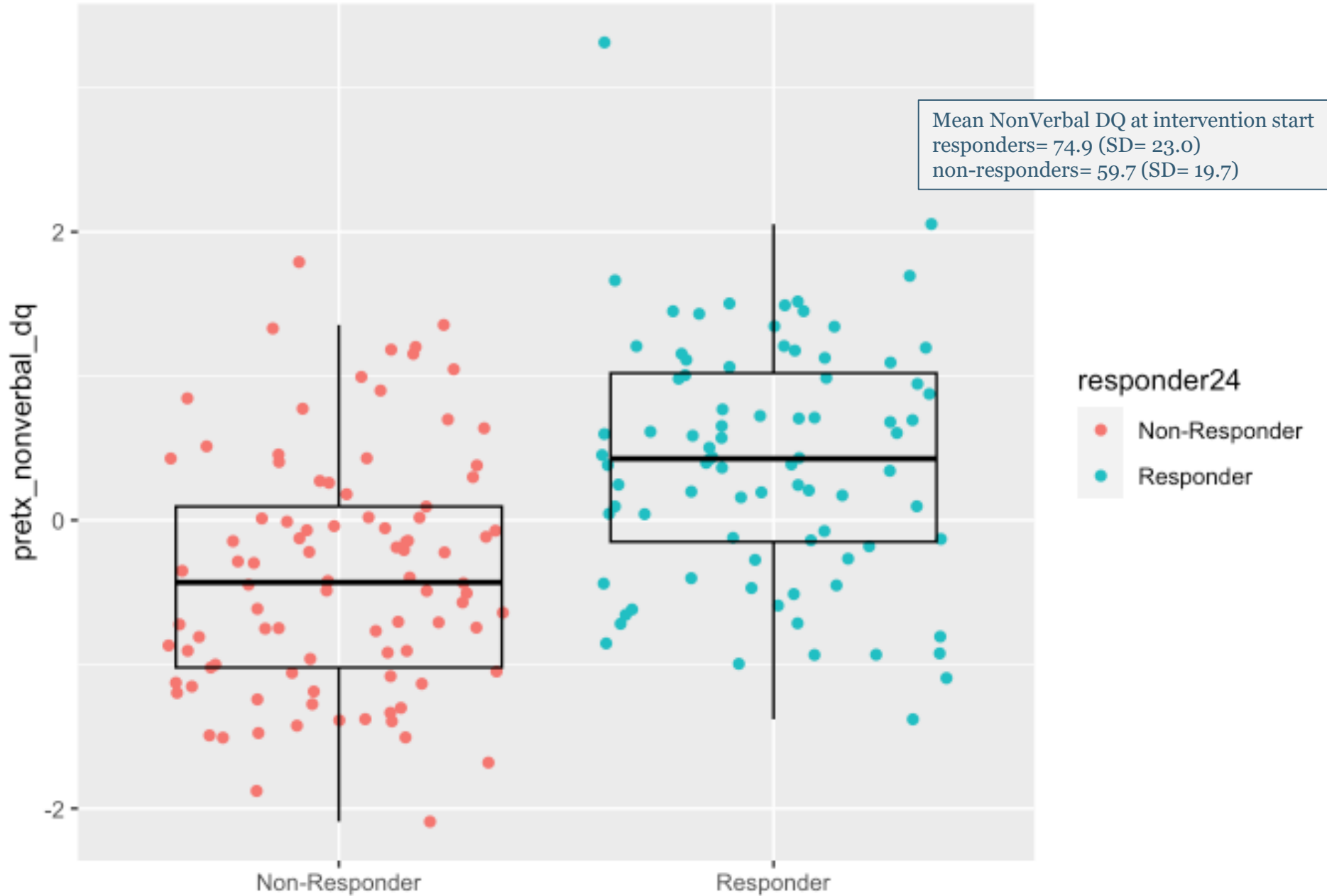
# AGE at intervention start



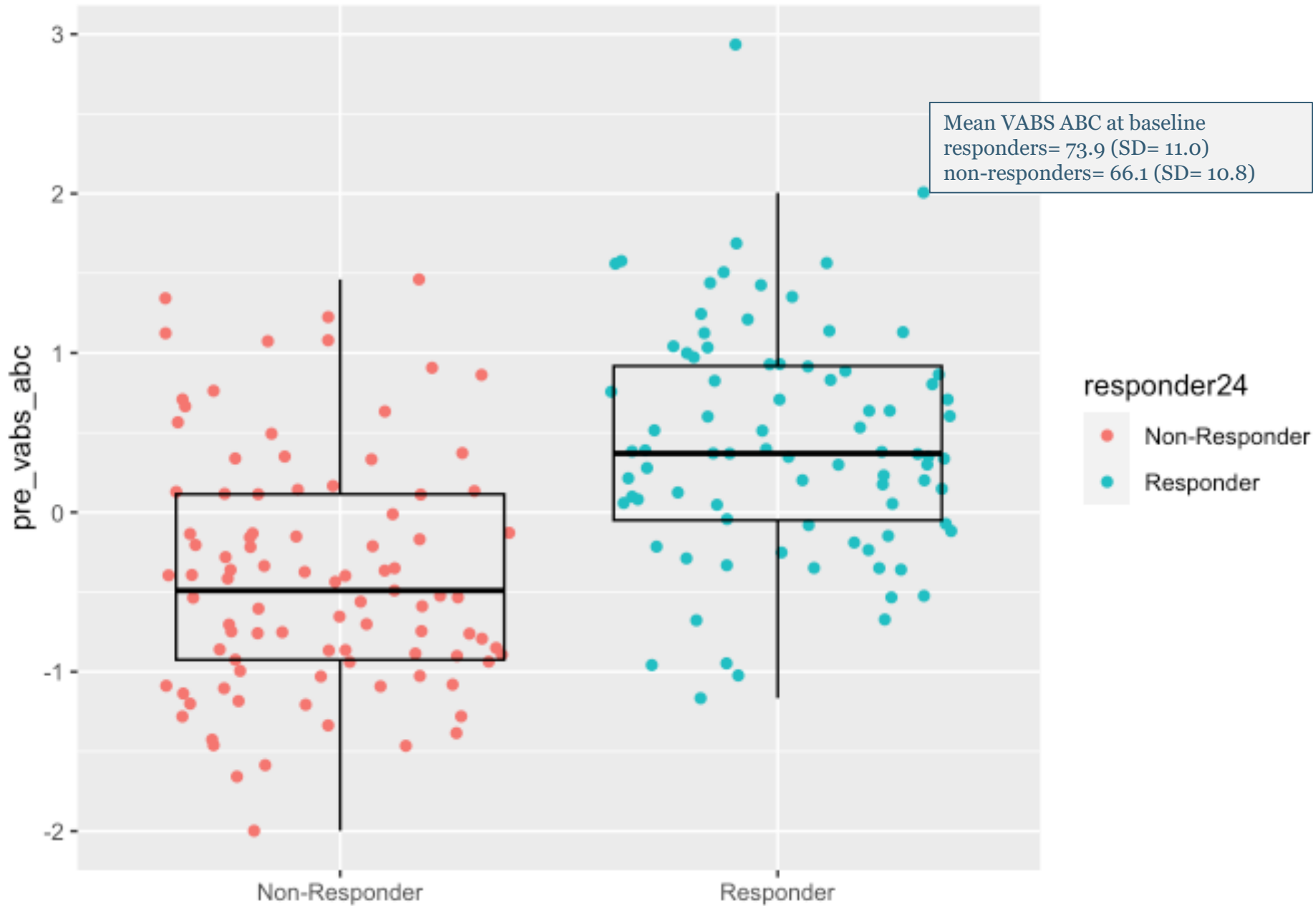
# Baseline VERBAL DQ



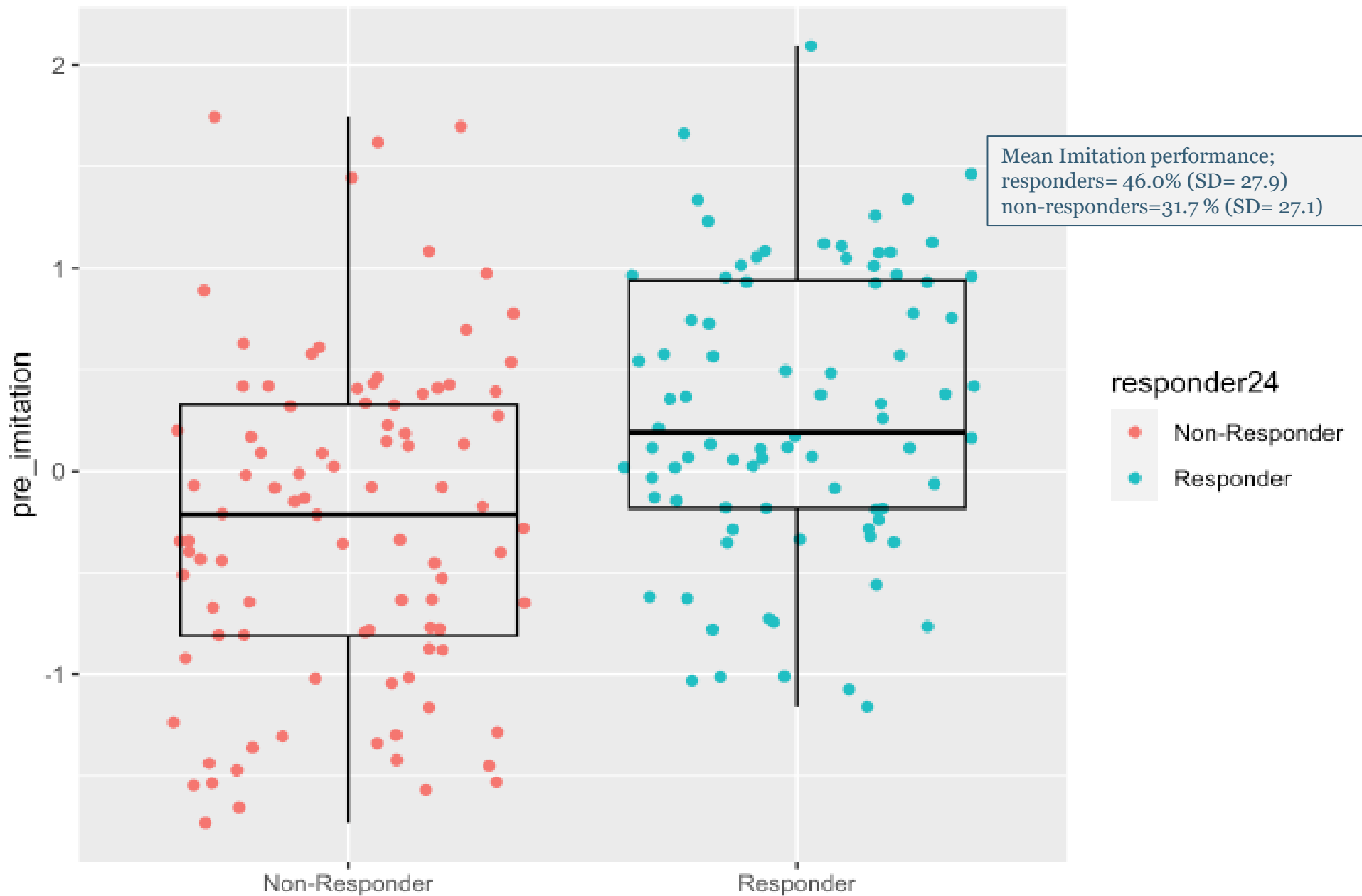
# Baseline NONVERBAL DQ



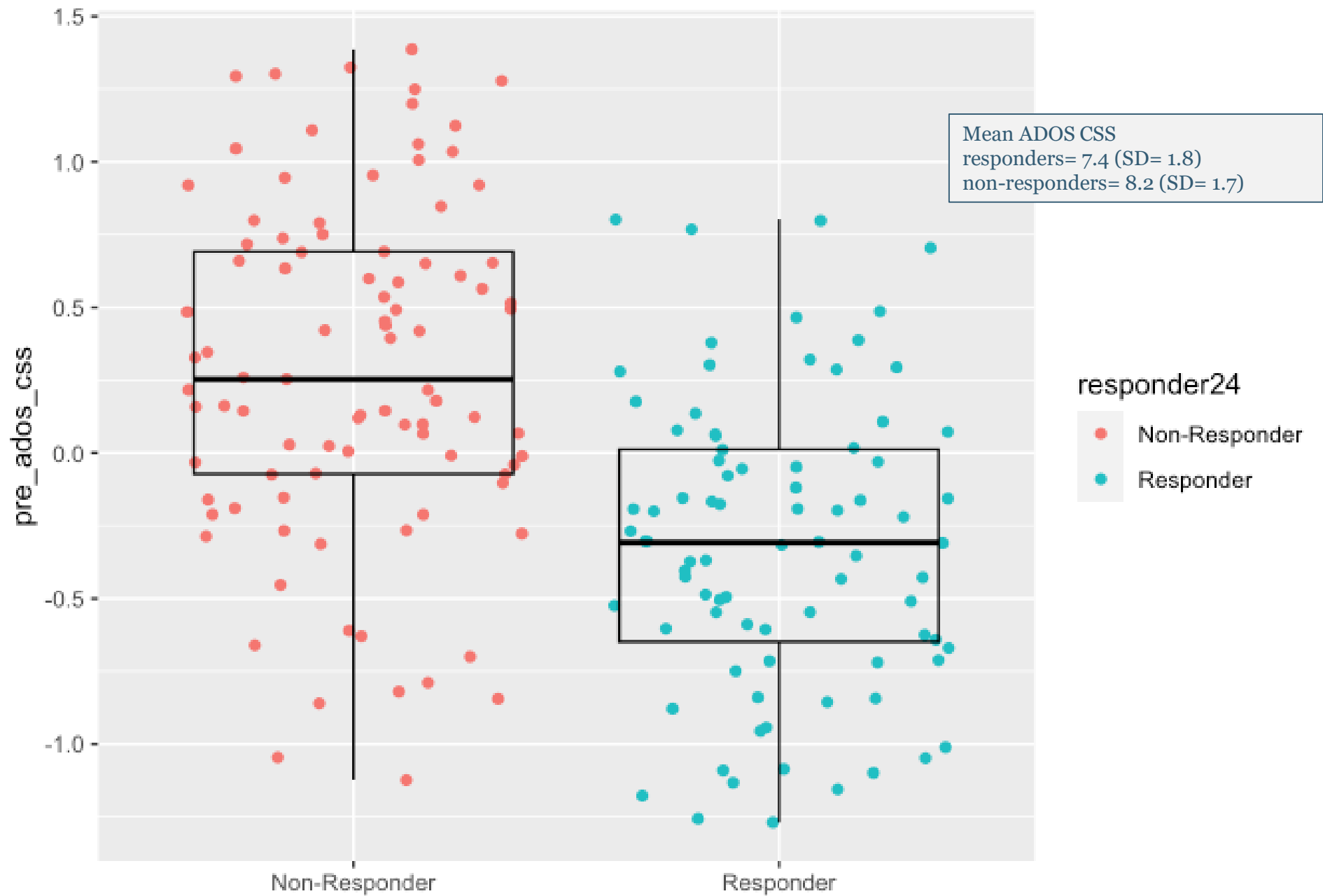
# Baseline VABS ABC



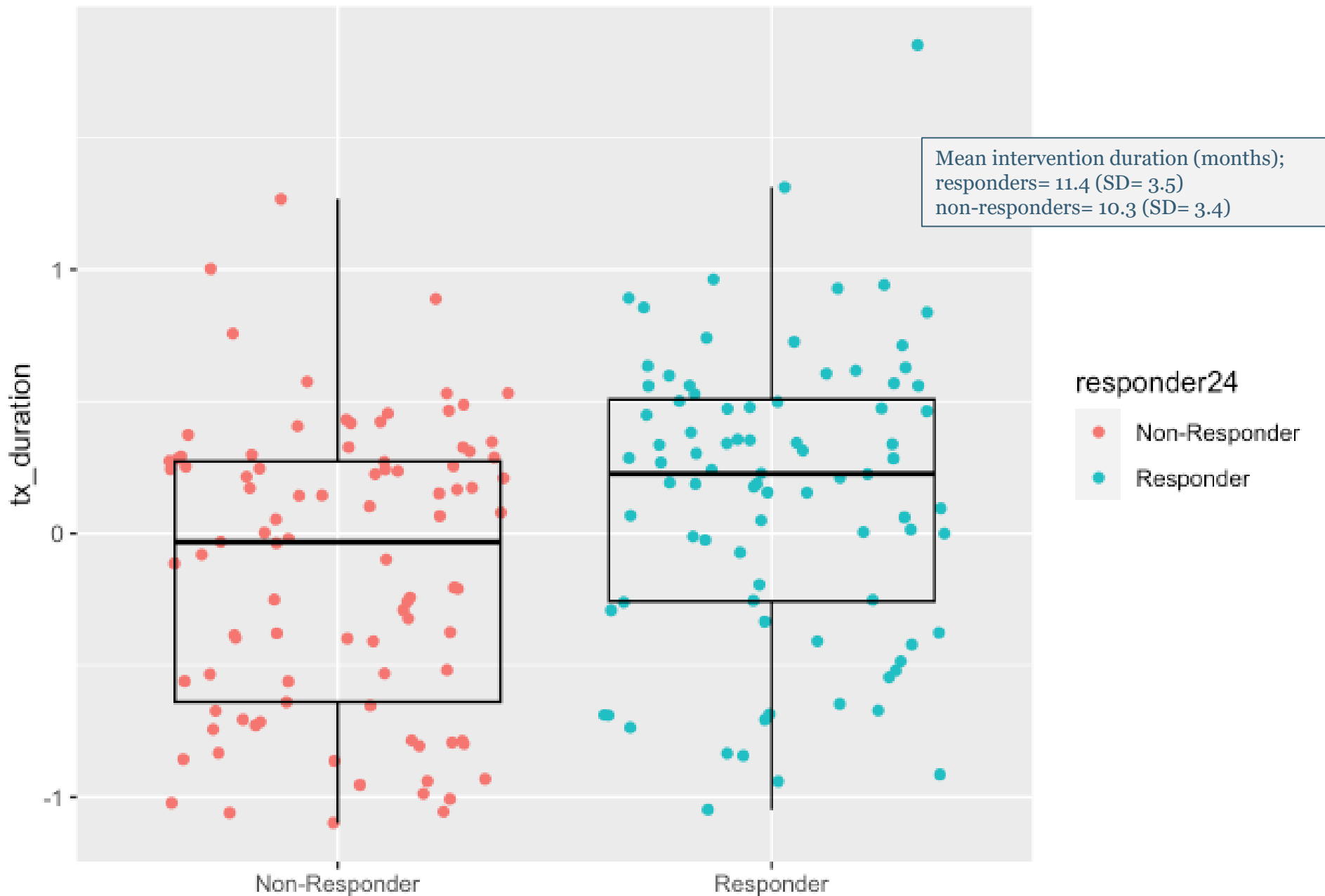
# Baseline IMITATION



# Baseline ADOS



# INTERVENTION DURATION






## Summary

- Most children starting their intervention before age 4 have no phrase speech (i.e., minimally verbal). Approximately half of them will advance to phrase speech (up to 40% for ‘older children’) during the 12-month intervention period
- Type of intervention received was unrelated to outcome.
- The odds of not acquiring phrase speech were lower for children with lower age, higher cognitive and adaptive functioning, higher imitation skills, and lower symptom severity, as well as (to a lesser degree) longer intervention duration (as expressed in two latent factors composed of the correlated/combined variables capturing these constructs). Importance of identifying relevance of different factors for different subgroups

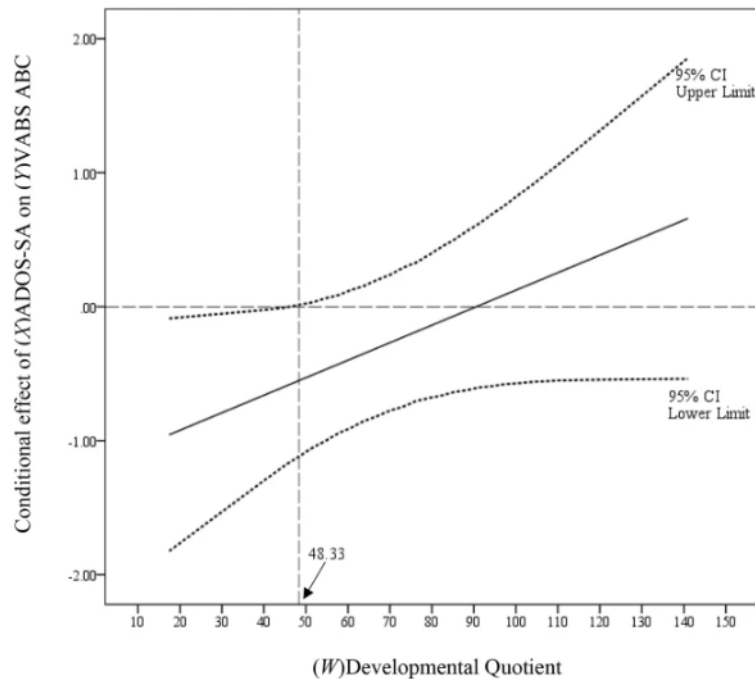
# Developmental Skills Moderate the Association Between Core Autism Features and Adaptive Behaviour in Early Childhood

Daniel Berends<sup>1</sup>  · Catherine A. Bent<sup>1</sup> · Giacomo Vivanti<sup>2,3</sup> · Cheryl Dissanayake<sup>3</sup> · Kristelle Hudry<sup>1</sup>



Moderation analyses on a subsample of RO1 data (n=163)

- The association of time-1 ADOS-SA with time-2 VABS-ABC was significant for children with baseline  $DQ \leq 48.33$ .



Lower-bound region of significance for conditional effect of ADOS-SA on VABS ABC as a function of MSEL DQ

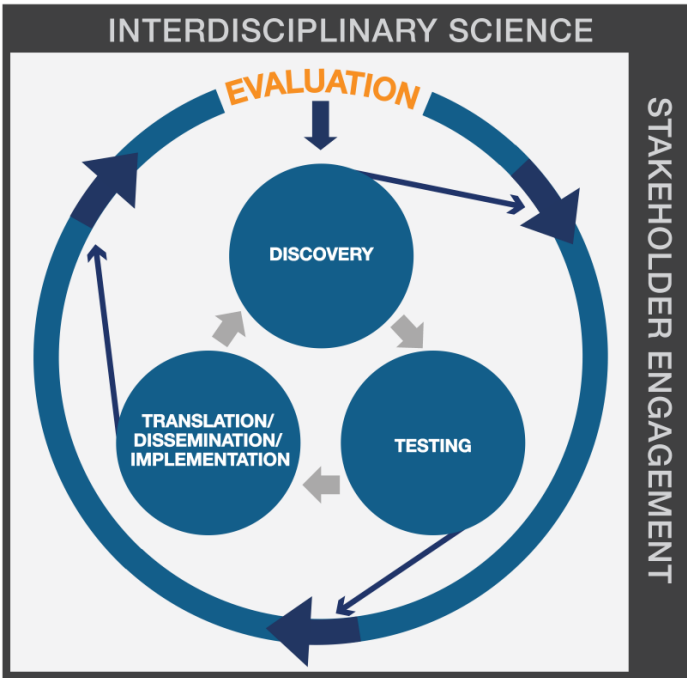
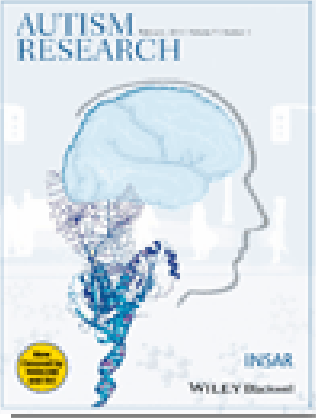
Core social autism features are strongly associated with adaptive behavior specifically for children with very low developmental skills

For most children whose developmental skills are less impaired, cognitive functioning (rather than core features of their autism) that are more strongly associated with adaptive outcomes.

Cognitive compensation? Core social autism features may be predictive of adaptive outcomes when children cannot employ cognitive skills to compensate for core social differences

# Applying a public health approach to autism research: A framework for action

Diana Schendel<sup>1</sup> | Anne M. Roux<sup>1</sup> | Elizabeth McGhee Hassrick<sup>1</sup> | Kristen Lyall<sup>1</sup> |  
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- **Discovery** - Gaps in knowledge  
Gaps in knowledge – documenting phenomena, generating testable hypotheses
- **Testing** -  
Testing hypotheses/predictions, evaluating frameworks
- **Translation/Dissemination/Implementation**  
Community/services/policy

Cyclical vs Linear Process

# Minimal responders to intervention – poor fit between child and program features?

**Different programs/settings/ approaches** differ in terms of how learning is promoted  
(e.g. verbal vs visual instruction)

**Different children** differ in learning preferences and learning resources  
(e.g. preference for visual vs verbal input)

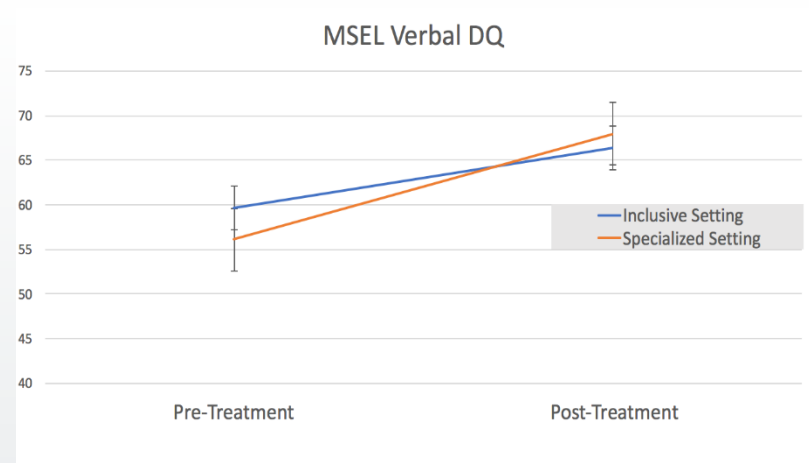
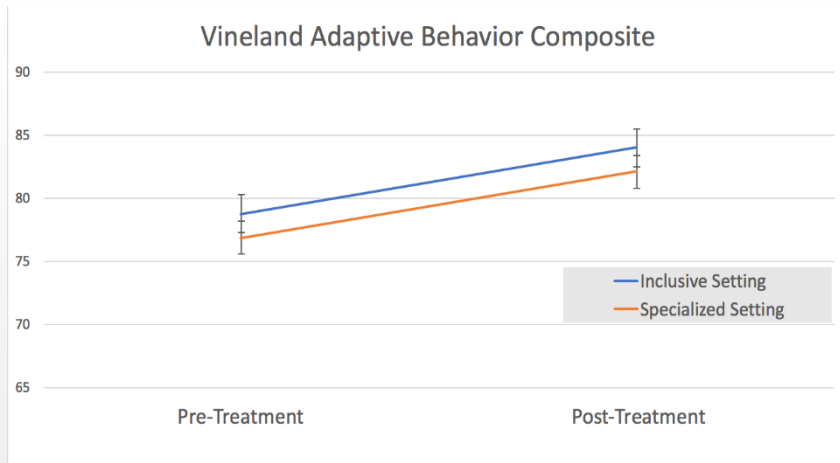
Suboptimal treatment outcomes might occur as the consequence of a poor **fit** between **child and program features**



# Outcomes of children receiving Group-Early Start Denver Model in an inclusive versus autism-specific setting: A pilot randomized controlled trial

Giacomo Vivanti<sup>1,2</sup>, Cheryl Dissanayake<sup>2</sup>, Ed Duncan<sup>2</sup>, Jessica Feary<sup>2</sup>, Kristy Capes<sup>2</sup>, Shannon Upson<sup>2</sup>, Catherine A Bent<sup>2</sup>, Sally J Rogers<sup>3</sup> and Kristelle Hudry<sup>2</sup>; the Victorian ASELCC Team

58 children with ASD age 15-30 mo randomized to receive the Group-ESDM intervention in either specialized or mainstream classrooms for 1 year. No overall group differences in gains.



**Moderators of outcomes** – based on stakeholders’ practices and assumptions, we hypothesized that children with higher social interest and higher cognitive skills at baseline may make more gains if they receive ESDM within a mainstream classroom, as they are better equipped to gain advantage from the richer social environment



## Autism Research

Characteristics of children on the autism spectrum who benefit the most from receiving intervention in inclusive versus specialized early childhood education settings

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# Who are the children who benefit the most from receiving intervention in inclusive versus specialized early childhood education settings?

## Outcome Measures

- Spontaneous Vocalizations via Language ENvironment Analysis (LENA) automated data extraction
- Social Interaction via M-COSMIC

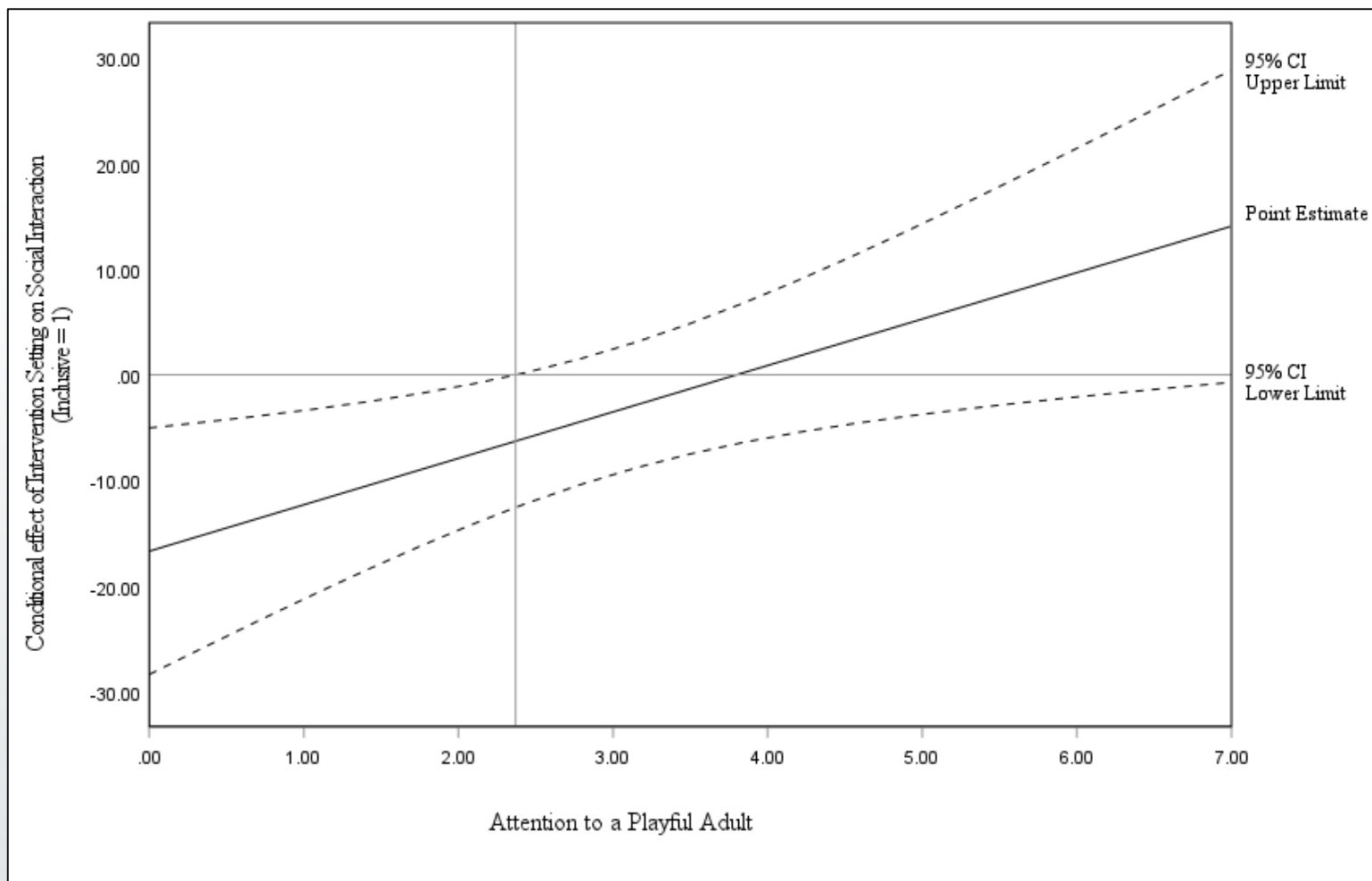
## Putative moderators

- Social interest via eye-tracking
- Developmental Quotient (MSEL)



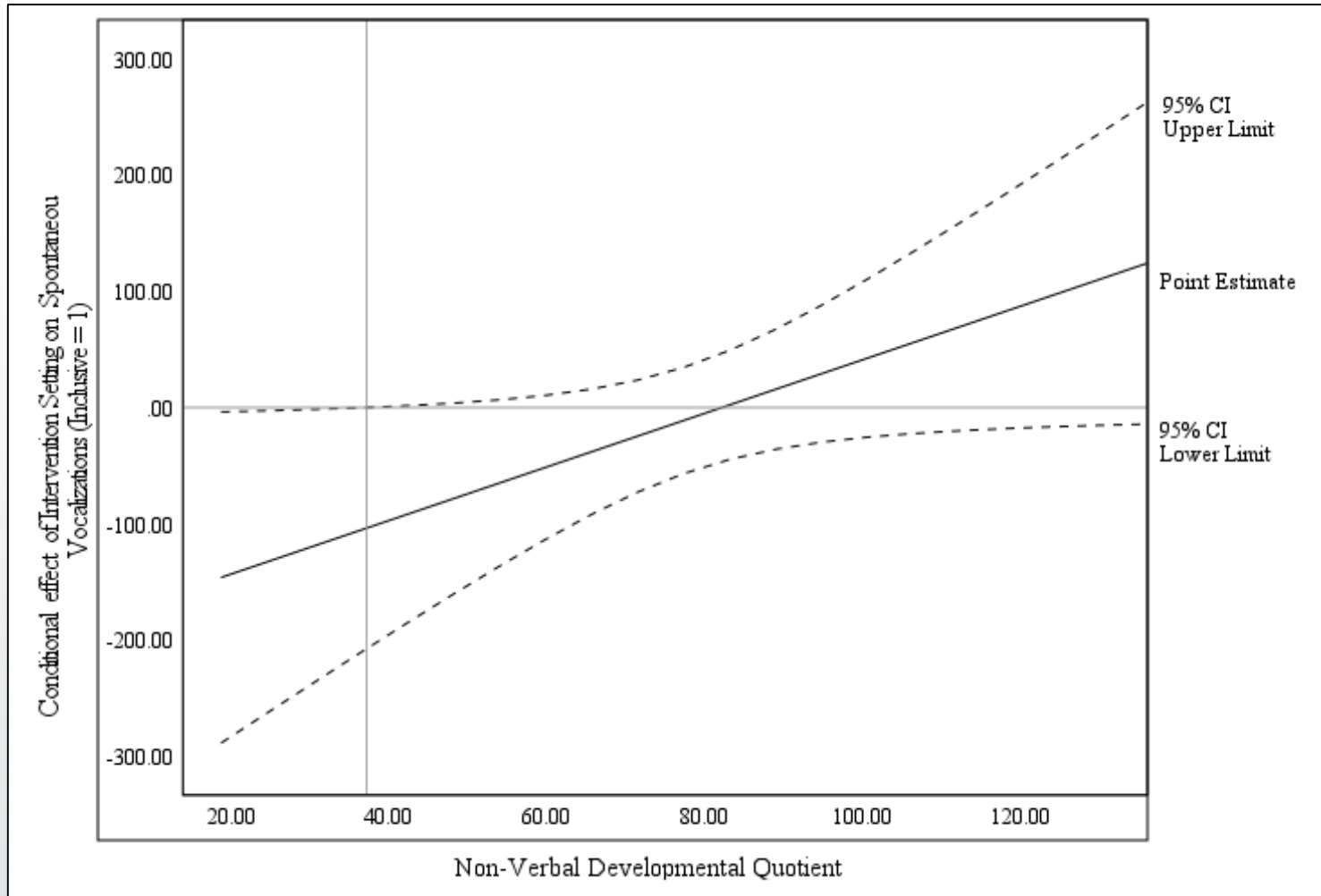
Social attention (eye-tracking) associated with Social Interaction outcomes for children in inclusive classrooms ( $b=2.84$ ,  $p=.02$ ) but not for those in autism-specific classrooms ( $b= -1.56$ ,  $p=.22$ )

Children who attended to the person in the video for  $<2.37$  seconds (out of 10) had lower outcomes



Non-Verbal DQ positively associated with language (LENA) outcome for children in inclusive classrooms ( $b=2.34$ ,  $p=.013$ ), but not those in autism-specific classrooms ( $b=0.04$ ,  $p=.10$ ).

Children with Non-Verbal DQ  $<37$  had lower outcomes



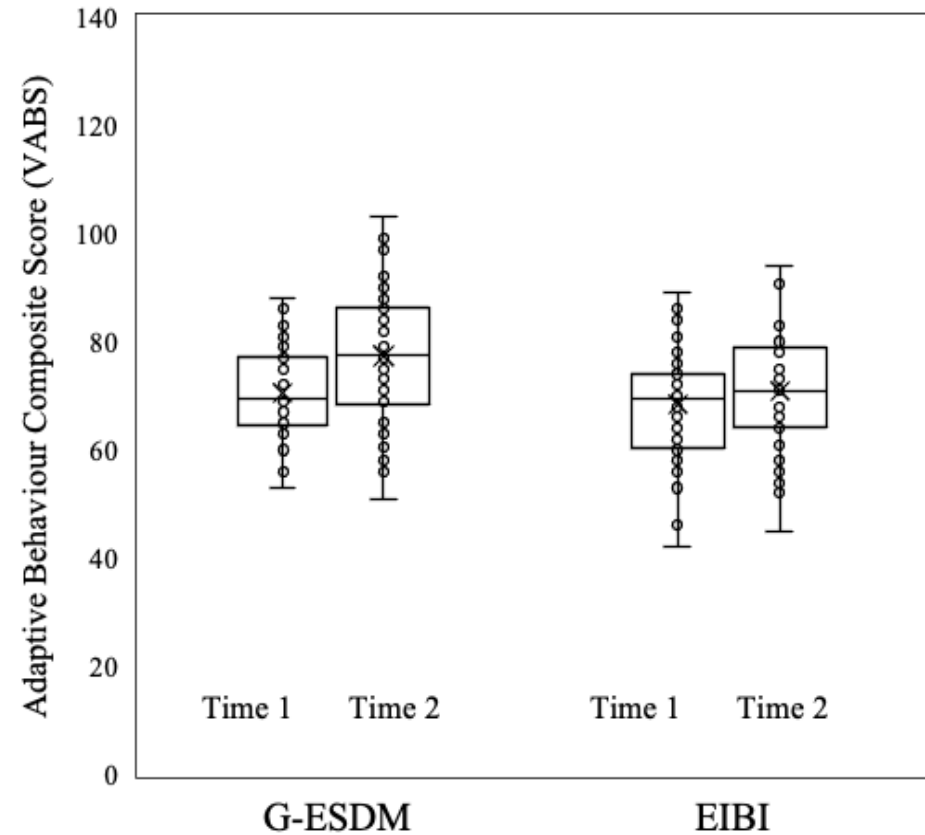
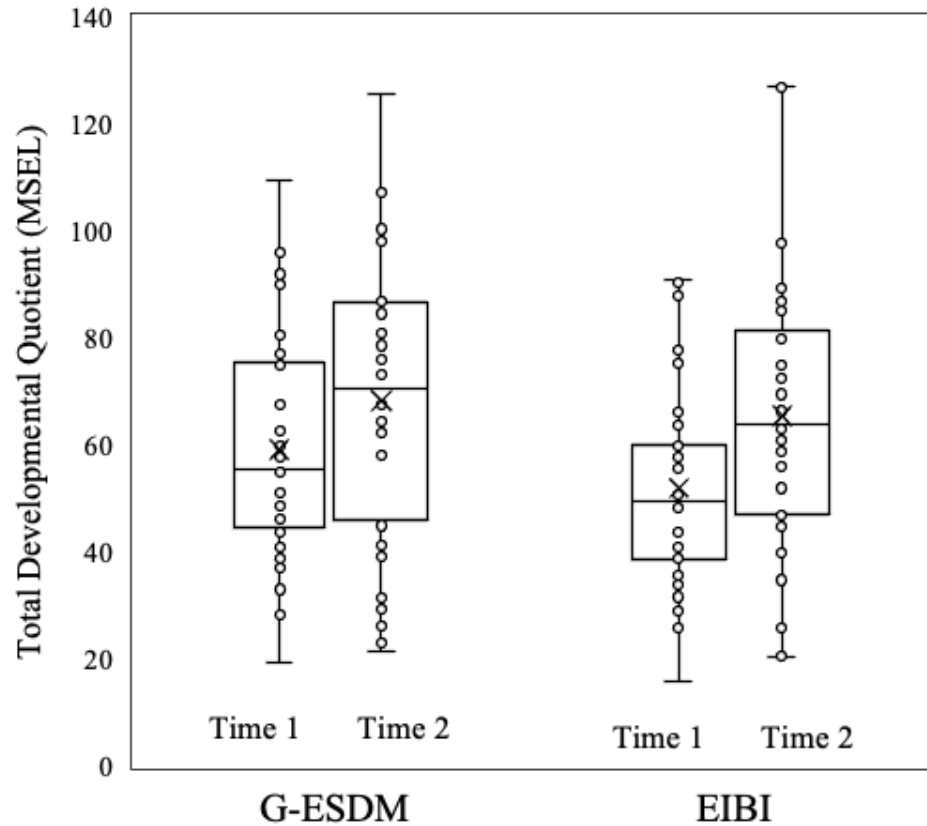




# Predictors of Developmental and Adaptive Behaviour Outcomes in Response to Early Intensive Behavioural Intervention and the Early Start Denver Model

Catherine Bent<sup>1</sup> · Susan Glencross<sup>2</sup> · Karen McKinnon<sup>2</sup> · Kristelle Hudry<sup>1</sup> · Cheryl Dissanayake<sup>3</sup> · The Victorian ASELCC Team · Giacomo Vivanti<sup>3,4</sup>

## Outcomes for toddlers receiving 12 months of G-ESDM (n= 46) versus Early Intensive Behavioural Intervention (EIBI) based on a standard ABA 1:1 format (n= 43)

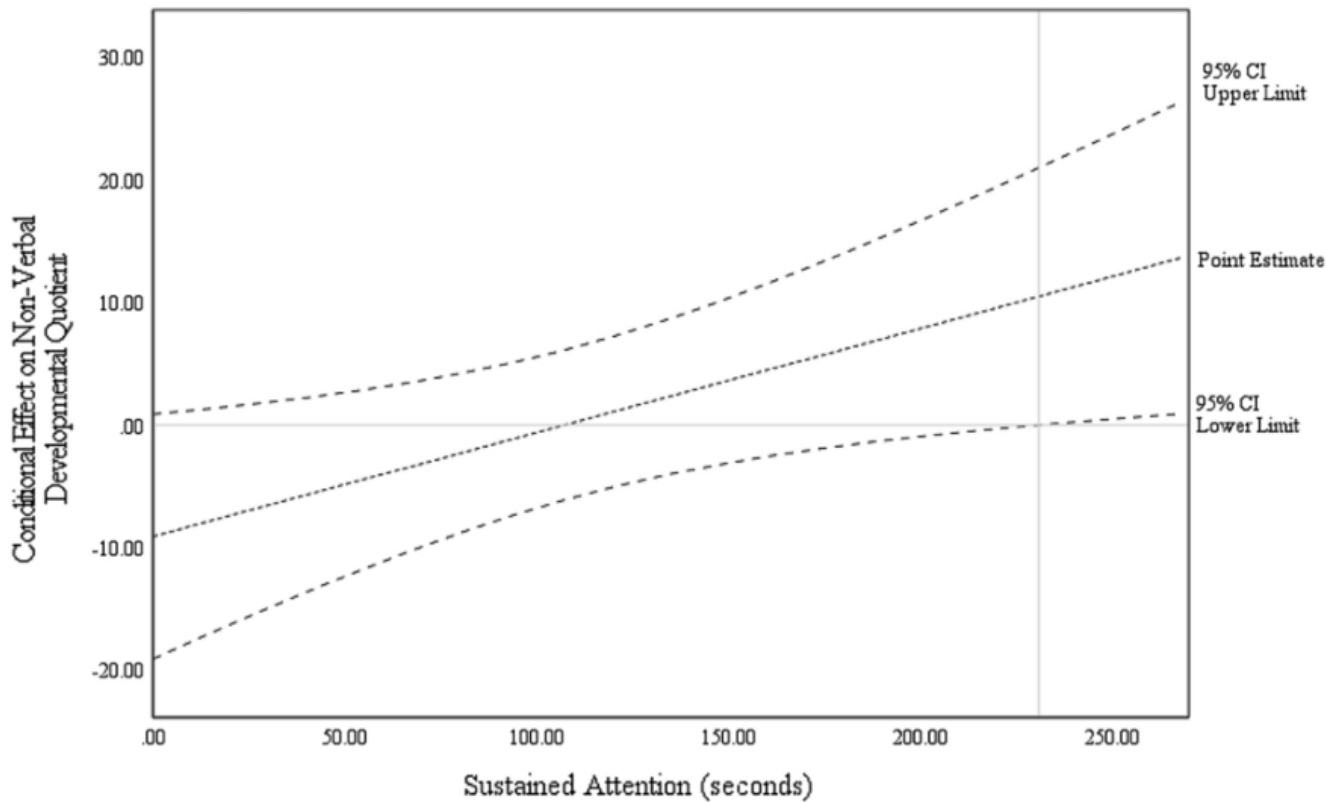




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**Similar gains across groups – sustained attention associated with gains in G-ESDM only having sustained attention > 230 (out possible total 300) helped children in the G-ESDM group with NVDQ improvements (that was not the case for those in the EIBI group)**

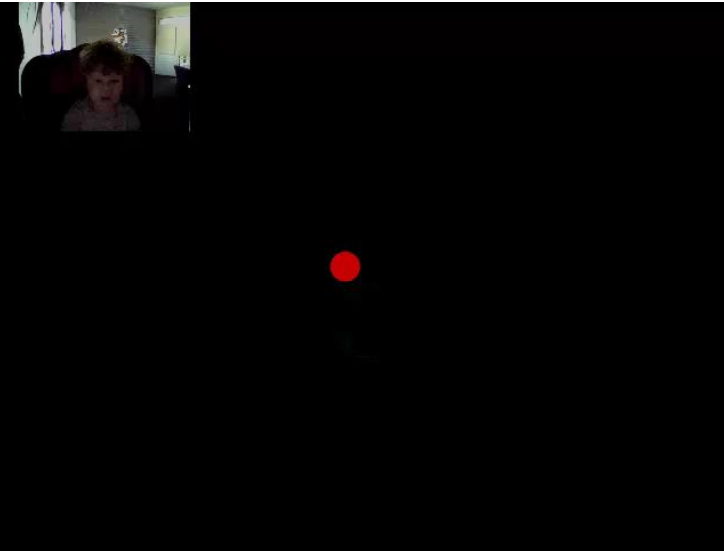
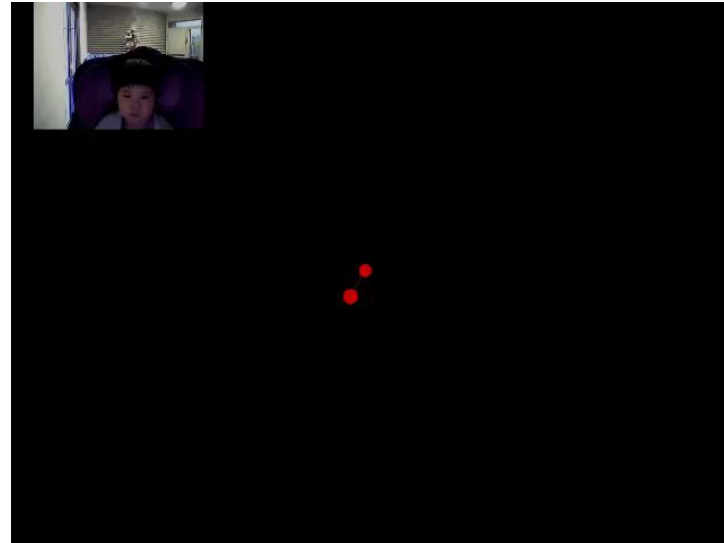
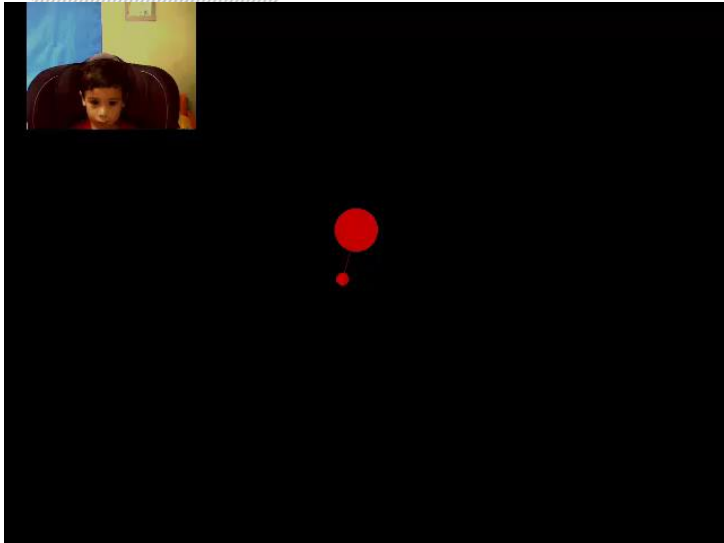




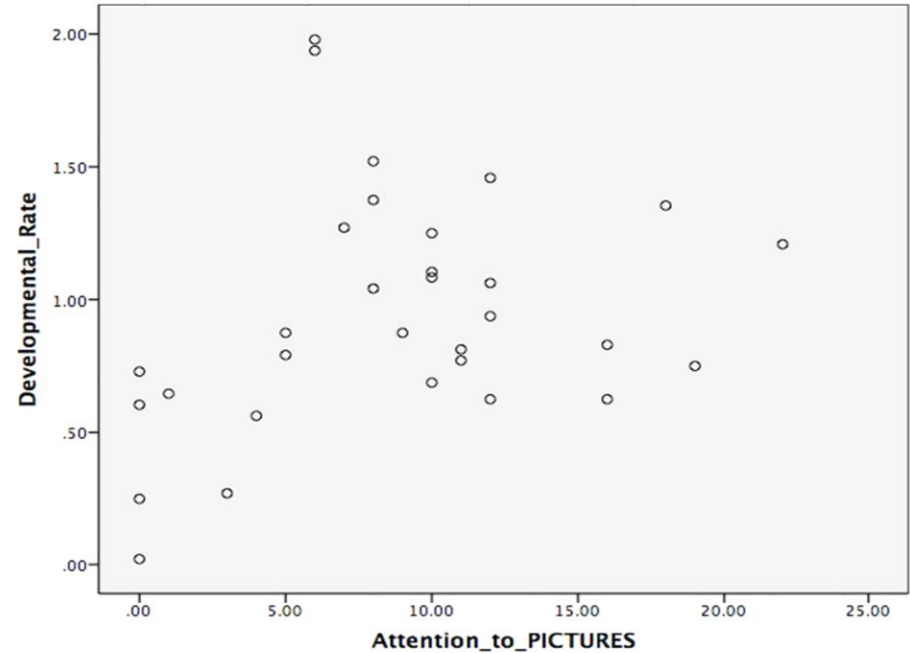
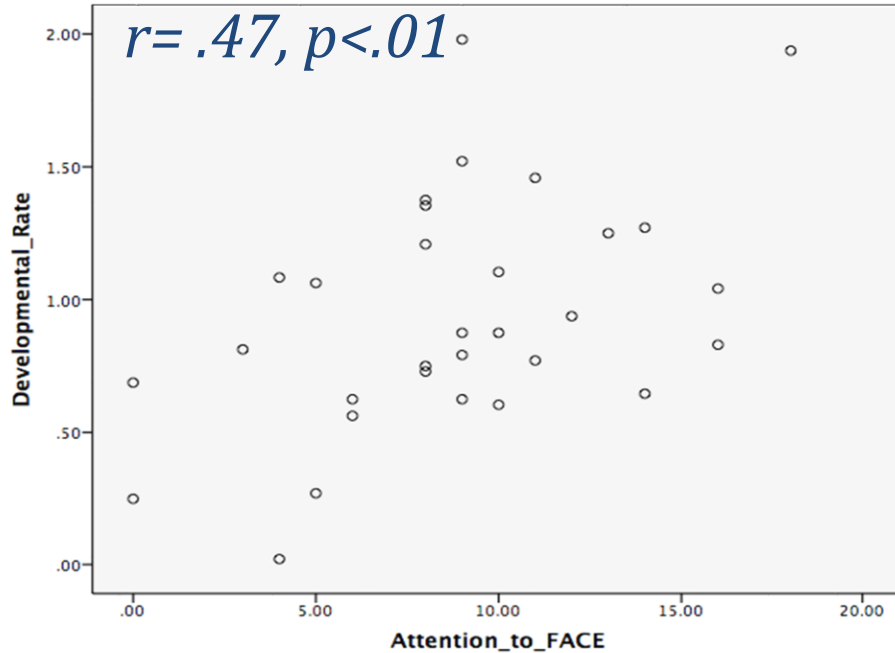
# And who are the children who benefit the most from naturalistic verbal instruction n vs Augmentative Alternative Communication?

## Accurate or Assumed: Visual Learning in Children with ASD

David Trembath<sup>1,2</sup> · Giacomo Vivanti<sup>2,3</sup> · Teresa Iacono<sup>4</sup> · Cheryl Dissanayake<sup>2</sup>



# ESDM Group



Coefficients<sup>a</sup>


Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	.475	.241		1.966	.059
	Baseline IQ	.007	.003	.356	2.054	.049
2	(Constant)	.320	.254		1.263	.217
	Baseline IQ	.006	.003	.297	1.719	.097
	Attention to Pictures	.012	.007	.279	1.615	.117
3	(Constant)	.184	.246		.748	.461
	Baseline IQ	.003	.003	.164	.948	.351
	Attention to Pictures	.010	.007	.249	1.526	.139
	Attentio to Face	.038	.018	.374	2.181	.038

a. Dependent Variable: Developmental\_Rate

Model	R	R Square
1	.356 <sup>a</sup>	.127
2	.449 <sup>b</sup>	.201
3	.567 <sup>c</sup>	.321



# Predictors of Expressive Language Change for Children with Autism Spectrum Disorder Receiving AAC-Infused Comprehensive Intervention







Veronica Rose<sup>1,2,6,7</sup>  · Jessica Paynter<sup>3</sup> · Giacomo Vivanti<sup>4</sup> · Deb Keen<sup>5</sup> · David Trembath<sup>1</sup>

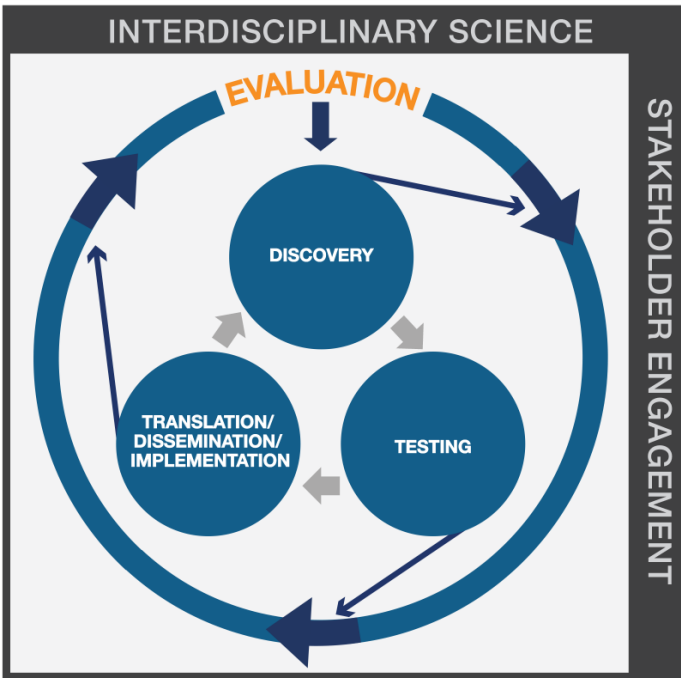
- Group of children receiving AAC-infused intervention (pictures and other visually-based instructional techniques)



- Children who developed phrase speech at T2 visually attended significantly more to AAC pictures at pre-treatment than those who remained minimally verbal ( $p = .01$ ,  $d = 1.42$ )

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Cyclical vs Linear Process



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# What does it mean for an autism intervention to be evidence-based?

Giacomo Vivanti 

## Gap between research and practice

- Implementation standards in the community
- Disagreements on intervention goals



# Does Treatment Fidelity of the Early Start Denver Model Impact Skill Acquisition in Young Children with Autism?



Ashley Zitter<sup>1</sup> · Hezekiah Rinn<sup>1</sup> · Zofia Szapuova<sup>2</sup> · Vanessa M. Avila-Pons<sup>4</sup> · Kirsty L. Coulter<sup>3</sup> · Aubyn C. Stahmer<sup>4</sup> · Diana L. Robins<sup>1</sup> · Giacomo Vivanti<sup>1,5</sup> 

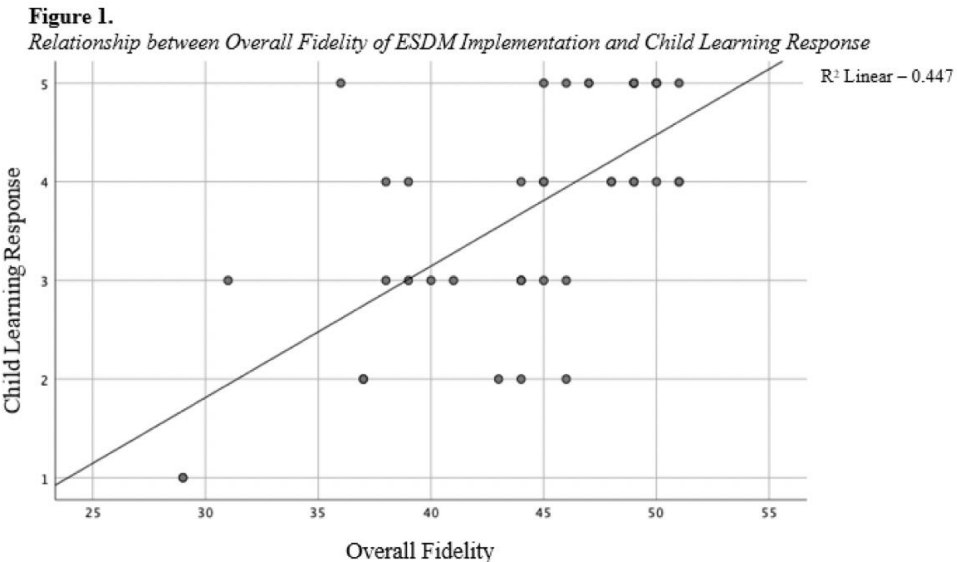
## Fidelity matters. A lot.

- Even within highly resourced settings, the degree to which prescribed elements of an intervention are implemented as intended varies
- Children with better outcomes → those whose therapists implement the intervention to a higher degree of fidelity

**Table 1.**  
*Intercorrelations, Means, Standard Deviations, and Range of all variables tested.*

Variable	1.	2.	3.	4.	5.	6.
1. Child Learning Response	-					
2. Overall Fidelity	.67**	-				
3. Child's Age (months)	.37*	.49**	-			
4. Time in Treatment (days)	.14	.19	.63**	-		
5. MSEL CS	.39	.04	-.18	-.37*	-	
6. Vineland3 ABC (SS)	.08	.01	-.36*	-.36*	.61**	-
Mean	3.69	44.10	29.10	133.43	70.43	72.64
Standard Deviation	1.18	5.92	4.65	104.47	16.31	12.42
Range	1-5	29-51	20-39	8-354	49-102	45-90

\* =  $p < .05$ , \*\* =  $p < .01$ , MSEL CS= Mullen Scale of Early Learning Composite Score, Vineland3 ABC (SS) = Vineland3 Adaptive Behavior Composite (Standard Score)





# Does Treatment Fidelity of the Early Start Denver Model Impact Skill Acquisition in Young Children with Autism?

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Predictor variables	B	SE B	$\beta$	95% CI
Overall fidelity	.14	.03	.65**	0.07–0.20
Management of child attention	1.31	.22	.66**	0.86–1.76
ABC format (quality of behavioral teaching)	.67	.21	.46**	0.24–1.09
Instructional techniques application	.65	.22	.49**	0.20–1.10
Quality of dyadic engagement	.72	.24	.43**	0.25–1.20
Optimize child motivation to participate in activity	.94	.25	.55**	0.43–1.44
Use of positive affect	.89	.50	.29	–0.12–0.70
Sensitivity and responsivity to child comm. cue	.56	.27	.31*	.002–1.11
Appropriate adult language for child language level	.49	.24	.35*	–0.01–0.98
Joint activity structure and elaboration	.56	.28	.34*	0.004–1.12
Transition between activities	.34	.26	.23 <sup>†</sup>	–0.17–0.85

Each row represents separate regression analyses. All regression analyses adjusted for chronological age, as well as specific child and therapist featured in the teaching episode. The complete regression model for each fidelity item is reported in the supplementary materials. All significant results remained significant after false discovery rate analyses

ABC antecedent-behavior-consequence

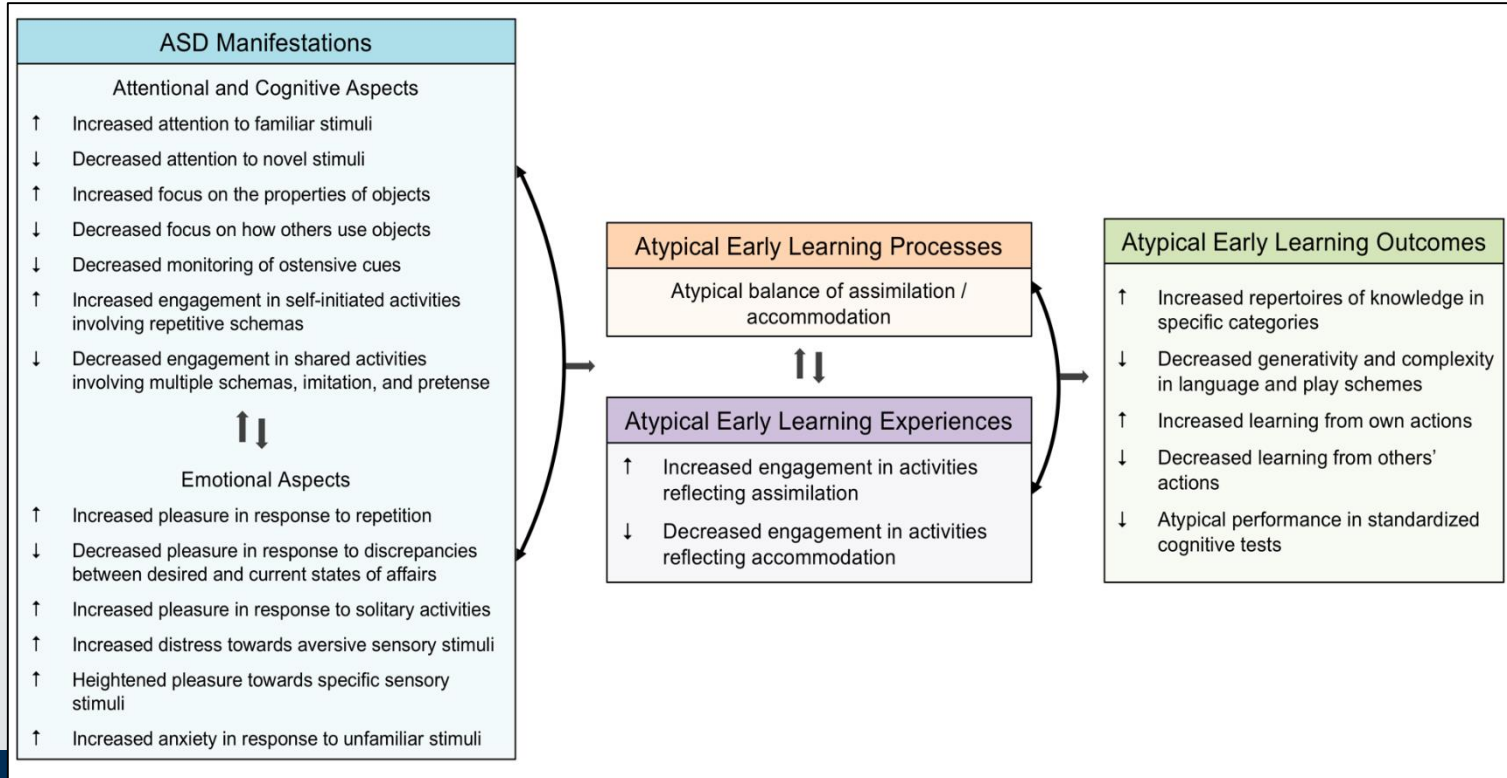
\* $p < .05$ , \*\* $p < .01$ , <sup>†</sup> $p = .05$

# Disagreements on intervention goals

- ❖ **Perception of behavioral interventions as prioritizing conformity/compliance** at the expense of **neurodiversity** (i.e., variations in neurological functioning to be recognized and respected as other human variations)
- ❖ **Lack of universal metric of “successful outcome” for autism interventions**
- ❖ **Need for clarity on intervention goals**, and increasing focus on intervention targets, measures, and **language** centered around quality of life, self-reliance, well-being, freedom from distress and societal barriers to community participation
- ❖ But layers of complexity related to what quality of life means and how it should be measured at different ages (e.g., compliance in toddlerhood versus adulthood), and the **overlap between some measures of autistic symptoms and dimensions of quality of life/self-reliance** (e.g., the ability to communicate)

# Early Learning in Autism as an Atypical Balance between Assimilation and Accommodation Processes

Giacomo Vivanti<sup>a</sup> Sally J. Rogers<sup>b</sup> Patrick Dwyer<sup>c, d</sup> Susan Rivera<sup>b, c, d</sup>

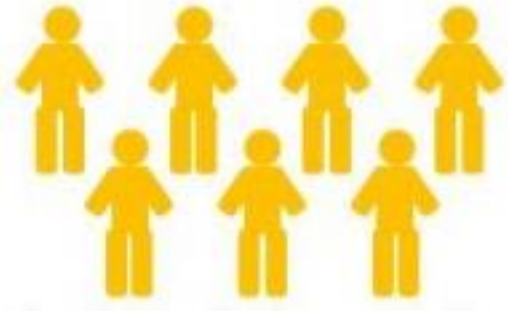


# TOWARDS A NEURODIVERSITY-AFFIRMING MODEL OF EARLY LEARNING AND EARLY INTERVENTION IN AUTISM

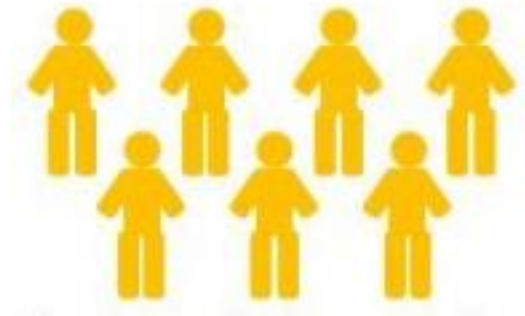
Early intervention practices informed by this model emphasize

- **Agency** - construction of new knowledge from child's self-initiated behavior
- Learning through **positive interactions** that are built on the **learner's motivation/goals**
- Promoting engagement in novel schemas through well calibrated variations on **familiar** schemas
- Alternating between familiar schemas and variations allows for **interplay of comfort and challenge** and for management of **anxiety** in the face of novelty





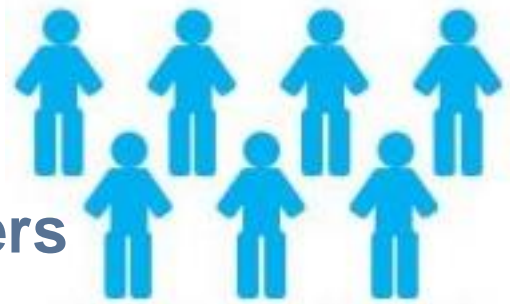
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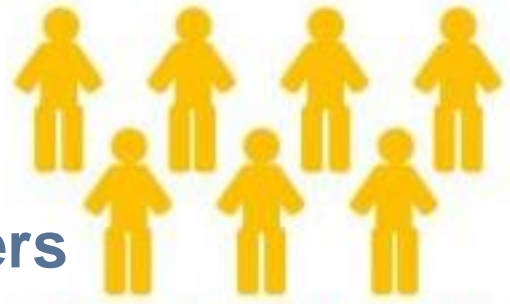
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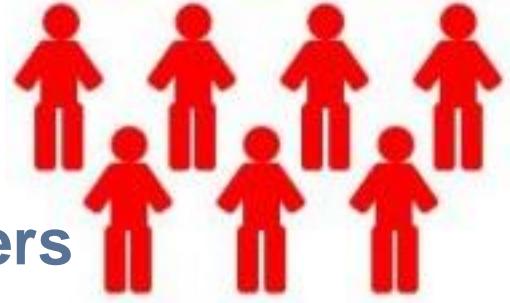
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# Thank you for your attention!

The MIRA Consortium, Victorian ASELCC team, OTARC team and Drexel EDI team

Diana Robins

Sally Rogers

Cheryl Dissanayake

Tristram Smith

Joshua Plavnik

Cathy Lord

Ann Kaiser

Sophy Kim

Isabel Smith

Aubyn Stahmer

All the children who took part in their research and their families !



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DREXEL UNIVERSITY  
A.J. Drexel  
Autism Institute

**No need to translate slides from here on**



## Contemporary Goals of intervention in ASD

- Removing barriers to self-determination, social participation
- Addressing unmet needs, freedom from distress
- Empowerment - opportunity to take advantage of what the society can offer, plus contributing to the society
- Addressed through a combination of teaching skills to the individual and promoting an autism-friendly society



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# MANUALIZED EARLY INTERVENTIONS SUPPORTED BY AT LEAST ONE RANDOMIZED CONTROLLED TRIAL

**Early Intensive Behavioral Intervention (EIBI, Lovaas model)** (Smith et al., 2000)

**Pivotal Response Training** (Hardan et al., 2015; Gengoux et al., 2019; Vernon et al., 2019)

**Early Start Denver Model** (Dawson et al., 2010; Vivanti et al., 2019; Rogers et al., 2020)

**ESI/SCERTS** (Wetherby et al., 2014, 2019)

**JASPER** (Kasari et al., 2010, 2014; Shire et al., 2017)

**Early Achievements** (Feuerstein & Landa, 2020)

**LEAP** (Strain & Bovey, 2011)

**PACT** (Green et al., 2010; Pickles et al., 2016)

**TEACCH** (Turner-Brown et al., 2016, 2019)

**Project ImPACT** (Ingersoll et al., 2016)

**Enhanced Milieu Teaching** (Roberts & Kaiser, 2015)

**PLAY** (Solomon et al., 2014)

...



# CONCEPTUAL TAXONOMY OF ASD EARLY INTERVENTIONS FOR ASD

## EARLY INTENSIVE BEHAVIORAL INTERVENTION

**EIBI** (Smith et al., 2000)

**LEAP** (Strain & Bovey, 2011)

**PECS** (Bondy & Frost, 1994)



## NATURALISTIC DEVELOPMENTAL BEHAVIORAL INTERVENTIONS

**Pivotal Response Training** (Hardan et al., 2015; Gengoux et al., 2019; Vernon et al., 2019)

**Early Start Denver Model** (Dawson et al., 2010; Vivanti et al., 2019; Rogers et al., 2020)

**ESI/SCERTS**  
(Wetherby et al., 2014, 2019)

**JASPER** (Kasari et al., 2014; Shire et al., 2017)

**Early Achievements**  
(Feuerstein & Landa, 2020)

**TEACCH?** (Turner-Brown et al., 2016, 2019)

**Project ImPACT** (Ingersoll et al., 2016)

**Enhanced Milieu Teaching**  
(Yoder & Stone, 2006; Roberts & Kaiser, 2015)

## DEVELOPMENTAL INTERVENTIONS

**PACT**  
(Green et al., 2010;  
Pickles et al., 2016)

**PLAY** (Solomon et al., 2014)



# BETTER CHARACTERIZED AS A CONTINUUM RATHER THAN MUTUALLY EXCLUSIVE CATEGORIES



## EARLY INTENSIVE BEHAVIORAL INTERVENTION (EIBI)

Conceptual apparatus exclusively based on ABA (Applied Behavior Analysis)

All procedures boil down to ABA concepts, including models of language learning (Skinner)

## NATURALISTIC DEVELOPMENTAL BEHAVIORAL INTERVENTIONS (NDBIs)

Concepts from ABA + developmental science (Vygotsky, Bruner, Piaget, Tomasello)

Procedures integrate ABA and knowledge from developmental literature, including emphasis on social-emotional precursors of verbal behavior

## DEVELOPMENTAL INTERVENTIONS

No explicit reference to ABA concepts

Emphasis on relationship-based practices, e.g., synchronicity, responsivity

# Three dimensions across the continuum of evidence-supported models

**EARLY INTENSIVE  
BEHAVIORAL INTERVENTION**

**NATURALISTIC DEVELOPMENTAL  
BEHAVIORAL INTERVENTIONS**

**DEVELOPMENTAL  
INTERVENTIONS**

**MORE STRUCTURED - MORE NATURALISTIC**

**ADULT-LEAD - CHILD LEAD**

**BEHAVIORAL UNITS IN ISOLATION – DEV. & RELATIONAL CONTEXT**